

# A Village on the Move

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## CRESTWOOD ADVISER



### The Village delivers Food Baskets

As we come to the end of another year, we must give praise and a very special “thank you” to all that have donated by ways of food, time or monetary means to the Village of Crestwood’s Christmas needy baskets. With the generous donations from residents, employees and business owners the Village was able to supply 31 families with a hefty box of yummy food to have a very nice Christmas dinner and extra for the days following. On Tuesday December 18, 2018 some of the food was delivered by various Village Departments and Village officials. Some recipients came by Village Hall to pick up their goodies. The happiness it brought to so many was wonderful to see. Thank you to all who donated and prepared the boxes. Without the help of our Village Services Director Bill Graffeo along with The Village Clerk, Cathy Johnson and her staff, special thank you to Tish Venegas for her special efforts, the Police, Fire and Public Works Departments, this program wouldn’t be possible. A great big shout out to a local business Seneca Petroleum for their generous monetary gifts which were used to purchase food for the baskets.

**Special thanks to following donors for their generous donations:**

Mayor Lou Presta, Clover Leaf Farms, and The office of David Sosin Village Attorney



### Mayor Lou Presta Recognized by ISPA for Excellence in Public Service

At the Illinois Security Professionals Association’s (ISPA) recent 57th Annual Awards Gala held on Dec. 4th, among the 41 security professionals honored for maintaining exemplary standards in their careers was our own Mayor Lou Presta, who received the award for Excellence in Public Service. Mayor Presta was nominated for the award by Crestwood Det. Michael Coutre.

“Over the last 10 years, Mayor Lou Presta has been a full supporter of the efforts of public safety and law enforcement in the South Suburbs of the state of Illinois,” Det. Coutre said. “Mayor Presta has worked with individuals in both the private and public sectors in order to unite municipalities and community involvement in relation to public safety. Mayor Presta was recently awarded Municipal leader of the year for 2018 by the Illinois State Crime Commission.

“Lou continues to advocate for increases in training and equipment for police, fire and security professionals,” he continued, “realizing that local government plays an important role in developing relationships with the leadership in both the public and private sectors. That support will enhance communication and will improve our industry professionals to perform the daily jobs within the communities they work. Mayor Presta has also committed to educating other local government leaders in recognizing the efforts performed every day by the men and women who work in uniform every day in order to protect the public while at work and within their communities.”

Roughly 400 people attended this ceremony, including Chicago Police Superintendent Eddie T. Johnson.



(TOP PHOTO) Crestwood's Mayor Lou Presta with Chicago Police Superintendent Eddie T. Johnson. Mayor Presta was honored with the Illinois Security Professionals Association's award for Excellence in Public Service. (RIGHT PHOTO) Mayor Lou Presta is presented with the Illinois Security Professionals Association's award for Excellence in Public Service by Ernie Kuhnke, Vice President of the Association (at left) and ISPA Chairman Larry Doria (at right).

We extend our congratulations to Mayor Presta, and our thanks for all he does to keep Crestwood and its residents and businesses safe.

### In Focus

Putting the beauty of Crestwood life in front of the camera. This month’s submission:

**Nate Wielgosiak**

"Stunning Fall Colors on Laramie Avenue"

Focus, send them in an email with “In Focus” as the subject header to:  
**Michelle Beneventi at mbeneventi@crestwood.illinois.gov.**



Stunning Fall Colors on Laramie Avenue





## Village Hall

13840 South Cicero Avenue  
Phone. 708.371.4800

Be sure to visit the Village website at:  
[www.Villageofcrestwoodil.gov](http://www.Villageofcrestwoodil.gov)

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The *Crestwood Adviser* is dedicated to presenting as much as it can about the Village of Crestwood so that the community can have the information it needs to strengthen and enrich the community of Crestwood.

Our goal is to report the news as fully, fairly and as accurately as possible. Your comments and suggestions are encouraged, by phone or in writing, whether or not you wish such letters to be published.

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## Letter From Mayor Lou Presta

*Greetings,*

Happy New Year, and welcome to 2019. For many of us, the new year means it's time to make our resolutions, so we thought we would share a few of ours in the hope that you might join us in committing to making 2019 a safe and prosperous year for all of us in Crestwood.

### We resolve to establish our own post office.

Now that Crestwood has its own ZIP code apart from Midlothian, it's only appropriate that we have our own post office. We resolve to work hard on this initiative and to make it happen for the benefit of our community.

### We resolve to continue our commitment to lower taxes.

As your mayor, I've always committed to finding ways to innovate and to help the Village to grow without placing undue burden directly on our taxpaying residents and businesses. We demonstrated this commitment in 2018, with the newer developments in the Route 83 TIF District. We anticipate that revenues from Aldi and Chick-Fil-A, among other businesses that are expected to arrive, along with those from the 135th Street TIF District, will pay for the existing TIF debt, which means no cost to Village taxpayers.

### We resolve to make no fundraising appeals to our citizenry.

Likewise, because our Village is in healthy financial shape — we couldn't offer the property tax rebates that we do, if it wasn't — we would like to reiterate our recently adopted policy that there will be no raffles or fundraisers requesting the support of Crestwood residents or businesses on behalf of the Village. In tandem with the above goal of lightening the tax burden, we are committed to growing our village with a balanced budget and in a manner that spares our residents unnecessary expense.

### We resolve to shop locally.

With Christmas behind us, it might seem a

little late to remind you of this, but we would like to urge you to join us in shopping locally year round. A healthy commercial sector is an incredible economic driver for our community, and while our village grows and we increasingly attract visitors from other municipalities, we renew our commitment to those businesses that have put their faith in our community and made Crestwood their home.

### We resolve to keep Crestwood a great place for families and seniors.

Crestwood is a great community in which to raise a family. From the many family-friendly events that take place year round in our village, like Sparks in the Park, Trunk-or-Treat and the Pet Parade, to the many services offered our seniors — from Dial-A-Ride to the various programs at the Biela Center — we are devoted to keeping Crestwood a vibrant village for those aged 1 to 101.

### We resolve to keep our public safe.

At the Village, we remain as vigilant as ever about the safety of our streets, our residents and our businesses. We commit to maintaining the most up-to-date resources possible with regard to our police and fire departments, and to keeping those in our community safe from harm. To that end, we would like to start by reminding residents parking in the Village to always lock your vehicles. We are seeing far too many vehicle break-ins due to people leaving their cars unlocked for prospective thieves. While we may feel that our village is entirely safe, there is no harm in taking the added precaution to discourage easy theft.

Let's all be mindful of each other and our local businesses, and try to make 2019 an especially memorable and prosperous year for Crestwood.

Sincerely,

Mayor Lou Presta

## Village Parking

Crestwood Village ordinance prohibits parking on any village street between 2:00am and 6:00am. The reason for this ordinance is so police will be alerted to abandoned vehicles or suspicious vehicles that require investigation. This ordinance also ensures that all streets throughout the Village will be open to fire and rescue equip-

ment in the event of an overnight emergency. This is especially necessary in areas where narrow streets can block large fire trucks. We will continue to enforce this ordinance. Thank you for your cooperation with this ordinance. The initial fine for this violation is \$75.00. This is a Village-wide ordinance. **PLEASE BE SURE THAT YOUR LATE NIGHT AND OVERNIGHT GUESTS ARE MADE AWARE OF THIS AS WELL!**

## Village Meeting Schedule

Village Board Meetings - 8:00pm

**Crestwood Civic Center** | 14025 Kostner Ave | January 3rd & 17th

Committee of the Whole - 7:00pm

**Village Hall** | 13840 S. Cicero Ave | January 2nd & 15th

Planning Commission – Zoning Board 8:30pm

**Village Hall** | 13840 S. Cicero Ave | January 14th & 28th



# Crestwood Police Officers Receive Specialized Training

## Sex Crimes

In Illinois, there will be several changes how law enforcement investigates sexual assault crimes. Attorney General Madigan led an effort to pass The Sexual Assault Incident Procedure Act. The Act addresses troubling statistics that show only a fraction of sexual assault victims report crimes to law enforcement authorities. The law was passed to encourage more sexual assault victims to come forward and increase the successful prosecution of sexual assault crimes throughout the state.

The new law requires that by Jan. 1st, 2019, all investigations of sexual assault and sexual abuse must be assigned to an officer who has completed training in evidence-based, trauma-informed, victim-centered investigations.

Crestwood now has 10 members, including all of the detectives, who have attended the required training to investigate sexual assault cases.

The program is co-taught by a law enforcement officer and a rape crisis advocate to reflect the necessary multidisciplinary approach to sexual assault cases. Instructors address a range of topics, such as:

- Investigating a sexual assault crime scene
- Cybercrime
- Persons with disabilities
- Adolescent sexual assault
- Victim sensitive interviewing
- Rape trauma syndrome
- Offender interviewing
- Report writing
- Evidence collection
- DNA evidence
- Sexual assault nurse examiners.

According to Police Chief Weigand, “We want to have the best response from our officers and investigators when these crimes are committed.” Starting this year, every officer will receive specialized training. Officers need to understand that sexual assault victims must deal with issues different from that of victims of other kinds of crimes.

## Elderly Service Officer Training

Recently, Corporal Tom Dawson completed a weeklong Elderly Service Officer Training course provided by the Attorney General’s office. The (ESO) Training is an intensive, weeklong course designed to educate and sensitize police officers to issues that affect seniors. Offered by the Attorney General’s office, the program helps law enforcement officials to become more aware of the needs and



problems of the senior community, and to play a more active role in preventing crimes against older people.

## Elderly Service Officers are trained to:

- Effectively and compassionately communicate with the older population
- Present educational seminars on crime prevention for senior groups in the community
- Investigate crimes commonly committed against seniors, including:
  - » Home repair fraud
  - » Ruse entries and residential burglaries
  - » Theft
  - » Elder abuse and exploitation
  - » Hoarding and self-neglect
  - » Cons such as foreign lotteries, grandparent scams, fraudulent telemarketing, pigeon drops, etc.
- Conduct risk assessments
- Recognize signs of elder abuse
- Respond to the dynamics surrounding elder emotional abuse
- Connect seniors with resources available in the community
- Report elder abuse in accordance with mandatory reporting laws
- Manage a senior emergency identification bracelet program
- Improve awareness of issues in residential care settings
- Collaborate with other senior service agencies

Since becoming involved with the seniors, Corporal Dawson has initiated a program in which he

maintains a database of the seniors in the program. Corporal Dawson makes frequent contacts with the seniors to keep them updated on events within the community and addresses any concerns they may have.

In the database, Dawson also keeps an emergency contact that can be used to contact a family member in case of an emergency. This information is also being entered into the Computer Aided Dispatch System, at the Emergency 911 Center. This information is then readily available at the fingertips of our police and paramedics in the event of an emergency.

Corporal Dawson has created a bridge between the seniors of the community and the police department. Dawson can be frequently found at the Biela Center attending the functions with the residents. He truly has a passion for the seniors and is a huge asset to our police department. Dawson’s next scheduled appearance at the Biela Center will be in January 2019, where he will be speaking on a number of topics, such as Internet scams.

With Corporal Dawson’s constant connection with the seniors, we hope we can prevent seniors from becoming victims of scams. Dawson has already been recognized by Cook County Sheriff Tom Dart and received the Sheriff’s Merit Award.

If you are interested in becoming involved with Corporal Dawson’s program, he can be reached at the police department at (708) 371-4800 ext. 5024.

# New Illinois Laws Going Into Effect Jan.1, 2019.

With the new year come a number of changes to the law. Here are 10 significant new laws going into effect on Jan. 1st:

1. **HB 4377** – Toddlers under age 2 must be in rear-facing car seats.
2. **SB 2350** – Every Illinois school must conduct at least one law-enforcement led active shooter drill a year.
3. **SB 2999** – If you are required to use your personal phone or computer for work, your

- company must compensate you.
4. **SB 3240** – Carnival companies are now required to conduct criminal background checks of all employees. The law was spurred after a man was murdered by two unscreened carnival workers at a Farmer City festival in 2013.
5. **SB 2270** – Police can take temporary custody of dogs and cats exposed to dangerous weather conditions.
6. **SB 405** – Companies doing businesses with the state government must have sexual harassment complaint policies on their books.
7. **SB 3411** – Stalking laws are expanded to include messages sent through social media apps. Businesses, places of worship and schools can now also seek restraining orders against stalkers.

8. **HB 4231** – Hunters can now wear blaze pink in Illinois.
9. **HB 5745** – Nursing mothers are now exempt from jury duty by request.
10. **HB 2354** – Family members or law enforcement who believe someone poses a threat to themselves or others can go to court to ask for their firearms to be temporarily taken away. The law was spurred by Morton native and suspected Nashville Waffle House shooter Travis Reinking.

For a full comprehensive list of all new laws going into effect in 2019 please visit the website of state Senator Sue Rezin (R-Peru) at <http://senatorrezin.com/>

Source: 25News Week.com



# We Watch, We Call!

Mayor Presta and the Board of Trustees have heard the requests of many to report crimes in our Village. Working with our Police Department, a compiled snapshot of a month's reporting will be shown here in the Adviser. Our intent is to inform the public in order to protect and be vigilant in calling upon our Police. The Mayor urges all to stay tuned in to your neighbors' well-being and property. Call our police, report suspicious activity, be aware. (911 or Dispatch non-Emergency 708-385-5131).

### Deceptive Practice

11-05-2018: A resident reported that an account was opened with Sprint using the victim's identity.

11-08-2018: A woman reported losing her wallet while shopping at TJ Maxx. While still in the store, she was notified by her bank that her credit cards were being used at Target. Before officers arrived at Target, the suspects were able to charge \$1,500 on the stolen credit cards.

11-08-2018: A man reported that unknown suspects were able to charge \$3,539 worth of merchandise at Best Buy using his credit account without authorization.

11-11-2018: A man reported that unknown suspects were able to charge \$4,267 worth of merchandise at Best Buy using his credit account without authorization.

11-20-2018: A resident reported that an account was opened with Verizon using the victim's identity.

11-30-2018: A woman reported that she met a man on a dating website who was allegedly in the military and stationed in Syria. As the computer relationship progressed, the suspect was able to convince the victim to send money, gift cards, and iPhones. The victim sent more than \$8,400 to the suspect. The suspect did send a check to the victim, however the check turned out to be fraudulent.

### Thefts

11-02-2018: Unknown suspects stole a 1997 GMC Yukon from Champion Motor Sports.

11-05-2018: Unknown suspects stole the emergency light bar off a tow truck in the 141st block of Pulaski.

11-06-2018: Unknown suspects stole the emergency light bar off a tow truck in the 140th block of Karlov.

11-06-2018: A woman reported that her locker at XSport Fitness had been broken into and her cell phone, jewelry and debit card had been taken. The debit card was then used at Target.

11-11-2018: A woman reported that while shopping at Kohl's, she discovered her purse missing. As she was contacting her bank, she was notified that her credit card had been used to purchase \$1,130 worth of merchandise.

11-13-2018: A package was stolen from the front of a residence in the 4600 block of 143rd Street.

11-14-2018: Unknown suspects broke into a truck trailer in the Holiday Inn Parking Lot and took several tools.

11-16-2018: Unknown suspects broke into a construction trailer near Cicero and Cal-Sag Road, taking several tools.

### Retail Thefts

11-06-2018: A female, who was with her young daughter, was arrested at Walmart for attempting to steal \$1,024.00 worth of merchandise. She was also charged with endangering the life of a child.

11-07-2018: A male was arrested at Walmart for attempting to steal \$34.00 worth of merchandise. He was also found to be in possession of heroin and was charged with possession of controlled substance.

11-13-2018: A male was arrested at Menards for attempting to steal \$149.00 worth of merchandise.

11-18-2018: A male was arrested at Menards for attempting to steal \$329.00 worth of merchandise.

11-19-2018: A male was arrested at Menards for

attempting to steal \$227.00 worth of merchandise.

Thirty-five people were issued local ordinance citations for retail theft during the month of November.

### Traffic Arrests

11-05-2018: A female was arrested after being involved in an accident in the 4200 block of Midlothian Turnpike and charged with no valid driver's license and operating an uninsured vehicle.

11-09-2018: A male was arrested after being involved in an accident in the 135th block of Cicero and charged with making an improper turn, driving with a expired license and operating an uninsured vehicle.

11-16-2018: A male was arrested in the 136th block of Cicero and charged with speeding and driving with a suspended license.

11-17-2018: A male was arrested after being involved in an accident at Cal-Sag Road and Cicero and was charged with failure to reduce speed to avoid an accident, driving under the influence of drugs and alcohol.

11-24-2018: A female was arrested in the 135th block of Keeler and charged with operating a vehicle with a suspended registration, driving with a suspended license, operating an uninsured vehicle, and obstructing identification.

11-25-2018: A male was arrested in the 136th block of Cicero and charged with Disobeying a traffic control device and driving under the influence of alcohol.

### Robbery/Burglary

11-12-2018: Officers responded to Metro PCS for a burglary in progress. Responding officers found that he front glass door had been shattered. Witnesses described the suspects as 4 male black subjects that exited a small white SUV.

## Mayor Presta Introduces ComEd Home Energy Assessment Program

Thanks to the efforts of Mayor Lou Presta, ComEd customers have the opportunity to reduce energy usage with a FREE energy assessment that includes free and discounted products for your home. ComEd has partnered with your natural gas utility to bring electric and natural gas savings to you.

Homeowners, call 1-855-433-2700 to schedule your assessment.

### FREE Energy-Saving Products

Homeowners can reduce energy use with FREE installation of the following FREE products:

- ENERGY STAR® certified LEDs
- Programmable thermostats
- WaterSense® certified showerheads
- WaterSense certified faucet aerators for bathrooms and kitchens
- Hot water pipe insulation
- Advanced power strips\*

\* Advanced power strips are also available for free to eligible customers but will not be installed.

### More Options

ecobee4 and ecobee3 lite smart thermostats are available for purchase at a discount during the assessment and include FREE installation. Only smart thermostats purchased during the assessment

are eligible for installation. The Thermostat Options Sheet (pdf) can help you choose the right thermostat for you.

ComEd also offers rebates for other smart thermostat options. View the Smart Thermostat Rebates page to review qualifications for rebate options.

### FREE Personalized Report

During your FREE assessment, you will also receive a personalized report identifying additional ways to save.

### Eligibility

Owners of single-family homes, two-flats, condos and townhomes are eligible. Renters in these building types are also eligible, with permission from their landlord.

Products must be installed by the energy advisor, and the energy advisor will not move furniture. The energy advisor will not install the energy-saving products if they are not confident they can install them safely or without damaging property. LED bulbs will be installed only in fixtures with existing incandescent or halogen bulbs that are in use for at least two hours per day.

ComEd®  
Energy Efficiency Program



Free home energy upgrades provide **COMFORT + SAVINGS:**

- Keep your home warmer in winter and cooler in summer
- Help lower your utility bills
- Add value to your home
- Extend the life of your home



# In The Works... Department Updates

### Village Hall

Our Village Hall Staff is busy as usual as our new year is upon us. Many residents are coming in to purchase their 2019 vehicle window stickers & animal tags. Our local Business owners have filed their necessary paper work for their 2019 business license which keeps Colleen extremely busy processing. Just looking around the Village you can see all the commercial development happening along with new residential construction and remodels. Char in the building department is as busy as ever issuing permits and scheduling inspections. The Village has recently purchased the building north of our Village Hall. After a complete remodel and design the new building will be home of our new Village Hall! Our Village is growing and so is the need to house our amazing staff and administration. Construction will start in early 2019. Our Fire Department will be expanding into the old Village Hall building to accommodate their growing needs. We are all very excited and will be sure to keep you posted as progress continues.

### Finance Department

The Finance Department is responsible for providing accurate, relevant, and timely reports to the Board, Department Directors, and citizens regarding the financial status of the Village. This department coordinates the preparation of the budget and monitors performance throughout the fiscal year. Planning for next year’s budget is already happening. The Finance Department is responsible for the financial operations of the Village, including cash management, debt management, payroll, accounts payable, audit, and financial forecasting. The department plays a key role in every financial transaction ranging from processing of payroll checks to the handling of all disbursements and payment on behalf of the Village. The Department ensures that costs are controlled, and there are adequate funds available to help the Village achieve its’ objectives in a most cost efficient and effective manner. We strive to be transparent with the Village’s finances; and we always look for cost efficiencies in all Village operations. The Finance Department aims to make the best decisions collectively, and in the best interest of the Village.

### Biela Center

In 2018 many changes occurred at the Biela Center. We sadly lost a couple of our long time employees. We did gain 2 wonderful new employees that have been doing a fantastic job getting to know all of our members. Several new activities, trips and programs have been added with many more to come in the New Year. The new Director Linda, is very excited about her position and you can bet to see her around town sharing all the wonderful things happening at our Biela Center. The Crestwood Senior club is now accepting new members. We encourage anyone 55 and older to come for a visit to the Biela Center and inquire about the Club. Elections will

be taking place in January for new officers of the Crestwood Senior Club so don’t delay!

### Community Development

The route 83 River Crossing commercial development project is due to start construction in March 2019. You will soon start to see the start of Chick-Fil-A and Aldi’s. All utilities will be completed in early January along with completion of a 3-acre lake at the memorial park.



Picture taken by resident Nate Wielgosiak

### Public Works

Our Public Works Department is extremely busy these days. They are engaged around the Village assisting in the Community Development projects, the remodeling of several new buildings the Village has purchased along with day to day activities keeping our Village beautiful and running smoothly. Our Public works building is located at 14040 Kildare. We are currently in the process of adding at 45 x 55 building addition. This addition will make more room for storage of equipment, trucks, plows and all of the necessary machinery to maintain the Village.

### Public Works Addition



Helpful reminders from Public Works

### WHILE AWAY IN THE WINTER PROTECT THE WATER METER AND PIPES FROM FREEZING

Sufficient heat is necessary to protect the water meter and water pipes. If you turn down your heat,

check that the lower temperature allows for sufficient heat in the area where your water meter is located to protect it and pipes from freezing. You can also wrap the exposed pipes and water meter with insulation available at most hardware stores. A frozen meter or pipe will crack and become an open source of continuous water flow into your home. Home owners are responsible for the cost of the meter and the thousands of gallons of water that will flow into your home.

### LEAD SAFETY

Lately, there has been a lot of news about lead contaminated drinking water, but did you know that lead can be present elsewhere in your home? One of the most poisonous substances we can touch or breathe every day is lead. Lead poisoning can cause development disabilities, nervous disorders, digestion problems, and joint pain - you can learn to recognize the symptoms of lead poisoning by visiting the Illinois Department of Public Health, Illinois Lead Program website

We are fortunate that regulations have required the removal of lead from gas, insecticides, toys, stained glass, paint, plumbing, caulk, and other building materials on the market today. However, lead still can be released in a concentrated dust form when doing renovation, repair, and painting in buildings constructed before 1978. If you are hiring a contractor to work on a structure built before 1978, Federal law requires contractors that disturb painted surfaces in homes, child care facilities and schools built before 1978 to be certified and follow specific work practices to prevent lead contamination. Always ask to see your contractor’s certification. There are many excellent resources available at <http://dph.illinois.gov/illinoislead> and <https://www.epa.gov/lead>.

### EMA

Our Emergency Management Association will receive a new state of the art home at the end of 2019 early 2020. The building located at 14025 Kostner which is currently our Civic Center will be remodeled. A second floor will be added for a training rooms and well serve as locker rooms for our Police Officers. On the location, will also be our Police Garage that will house our Police vehicles. Keeping our vehicles and equipment in a climate control garage and out of the elements will give better protection to the vehicles. The new Civic Center building was purchased in early spring of 2018. It is currently under construction and progressing nicely. The sprinkler system is installed in the basement area and now being installed on the main level and attic. Rough electric, plumbing and HVAC are moving steady through the building remodel. This building will host our Committee and Board meetings, along with local and red light court. This will be a terrific facility for our Village.



THE POINTE  
At Kilpatrick

**HAPPY HOUR**

**WITH FRANK ROSSI**

**H’ORDERVES & COCKTAILS WILL BE SERVED**

**SECOND FRIDAY OF EVERY MONTH  
2PM – 3PM**

**PLEASE RSVP – (708)293-0010**



**COMMUNITY BINGO  
\$50 COVERALL GAME!!**

**PRIZES FOR REGULAR BINGO  
THIRD WEDNESDAY OF EVERY MONTH  
2-3PM  
REFRESHMENTS WILL BE SERVED**



THE POINTE AT KILPATRICK  
14230 S. KILPATRICK AVENUE  
CRESTWOOD, IL 60418  
FOR INFORMATION CALL (708)293-0010



# Storm Sewer Improvements Underway in Playfield

If you live in the Playfield Subdivision, you will see contractors beginning an extensive rehabilitation of all the storm sewers in the area. The Village has undertaken the “lining” of the storm drainage sewers to extend the lifespan of the 50-year old plus concrete pipes under the roads. This “lining” is really a pipe replacement process called “Cured-In-Place Pipe” or CIPP.

CIPP uses special epoxy resins to create “new” pipes within the old pipes to avoid the costly expense of digging up and replacing sewer pipes. However, there will be some “point repairs” of storm sewers where the pipe has collapsed under the road and thus will require excavating and replacement of new pipe.

“This is all part of the Playfield Area Infrastructure Replacement program that has been in the planning for several years,” Mayor Presta says. “Over the next four years, the Village will replace and rehabilitate aging sewer and water mains throughout the northwest area of our community. This major investment will lead to reduced losses due to leaking water mains and compliance with federal EPA requirements.”

If you have questions about this storm sewer work or concerns, please contact the office of the Village Services Director, Bill Graffeo, at (708) 371-4800.



JOHN Z. TOSCAS  
ZENO J. TOSCAS  
Attorneys at Law

*Crestwood Residents*  
*Former*  
*State Prosecutor*  
Real Estate Closings & Contracts  
Wills & Trusts  
Personal Injury  
& Worker’s Compensation

Law Offices of  
JOHN Z. TOSCAS  
448-0200  
12616 S. Harlem, Palos Heights

# Tax Tips: What Can I Deduct From My 2018 Taxes?

With the tax reforms in place for this year, it can be a bit tricky to know what deductions are still in place and which have changed. When you file your 2018 taxes this year, make sure you’re not missing out on deductions to which you’re entitled. While there’s time between now and April, it’s not a bad idea to get your deductions in a row:

### Medical and Dental Expenses

This sounds great, but there’s a catch — you can deduct medical and dental expenses for yourself, your spouse and dependents, but you can only deduct the amount that exceeds 7.5 percent of your adjusted gross income.

### Tax Prep Fees (for the Self-Employed)

As long as you’re self-employed, whether you do your own taxes or pay someone else to prep them for you, you are eligible to include the expense among your miscellaneous deductions, including any filing fees. This deduction was eligible to everyone, but since the tax reform, this deduction is now only available to those filing under Schedule C.

### Early Withdrawal Penalties

Any penalties you may have paid for withdrawing funds from an IRA or CD can qualify for deduction.

### Gambling Losses

Yes, if you wagered and lost, so long as you have

proof of your losses, you can deduct up to the amount of gambling income you report, putting them under your “other miscellaneous deductions.” (But to reiterate, being able to furnish proof is a must.)

### Health Savings Account Contributions

Health Savings Accounts enjoy tax-exempt status, so if you or someone other than your employer is paying into an HSA for the purpose of reimbursing some of your medical expenses, you can claim a tax deduction on those contributions.

### Tuition

Regardless of if you take the standard deduction or itemize, you can deduct up to \$4,000 in qualifying higher education tuition and fees that you paid for your own education or that of a spouse or dependent. Note: If you’re married but filing separately, you do not qualify for this deduction.

### Teaching Expenses (for Educators K-12)

Elementary and high school teachers can deduct up to \$250 of unreimbursed expenses for school supplies, books and computer equipment. To qualify for this deduction, you must work a minimum of 900 hours during the school year. If you and your spouse are both educators and incurred expenses, you can deduct as much as \$500.

### Standard Tax Deduction

The bad news for tax season 2019 is that many of the itemized deductions we’ve come to expect have gone away. But the good news is that the standard deduction has increased. For married couples filing

jointly as well as qualifying widows and widowers, the standard deduction is now \$24,000. Single filers and married couples filing separately can deduct \$12,000; if you file as head of household, your deduction goes up to \$18,000.

### Bad Debts

Money that you loaned and that you never got back might qualify for a tax rebate. For you to deduct a bad debt, though, you typically must be able to show that you previously included the amount in your income or loaned-out funds. You also have to prove that you attempted to collect the debt, and that you have no chance to recoup it in the future.

### Home Renovations

Generally speaking, home renovations are not tax-deductible, BUT: If you are making renovations for medical purposes, such as adding an elevator or ramp for wheelchair accessibility, or are likewise lowering your kitchen cabinets, those costs can be deducted as medical expenses. That said, if the renovations are being made to increase the value of your property, then those expenses cannot be deducted.







Moraine Valley graduate Helena Janinah recently was granted a Presidential Scholarship to attend the Illinois Institute of Technology in Chicago.

## Moraine Valley Graduate Earns IIT Presidential Scholarship

Moraine Valley graduate Helena Janinah, of Orland Park, has been granted a Presidential Scholarship to attend the Illinois Institute of Technology in Chicago. The scholarship, which offers \$25,000 per academic year and a stipend for housing, is awarded based on academic achievement, essay strength and leadership qualities.

“I was pleasantly surprised to receive this scholarship,” Janinah said. “My parents are so proud of me. This is a giant step, and I really feel so blessed I can

attend a renowned university and discover the endless opportunities that IIT offers.” She completed her Associate of Science degree in December and begins her studies in January at IIT, where she will major in chemical engineering.

Janinah looks forward to attending IIT and someday working in a renewable resource plant with windmills or solar energy. The honors student was inducted into Phi Theta Kappa, a member of the Art Club and founding member of the Orthodox Christian Fellowship Club.

“All of us at Moraine Valley are extremely proud of Helena’s stellar academic achievements, and we wish her incredible success in her studies at IIT,” said Dr. Scott Friedman, dean of Student Engagement.

## Holidays a Little Brighter for Needy Families

For the second time in less than a month, shoppers at the Jewel Food Store in Palos Heights helped Shepard High School make a holiday a bit brighter for those in need.

In the weeks leading to Thanksgiving, shoppers donated to the Jerry Lemon Needy Family Food Drive, a Shepard tradition of more than three decades.

December saw the closing of the Adopt-A-Family project. Jewel shoppers once again donated money to buy turkey dinners for local needy families. Shepard staff members and students contribute toys, clothing, personal items, and gifts as well.

Families visited Shepard on Friday, Dec. 21st, to pick up their boxes of donated items.



Special education students from Shepard High School stack turkey dinners donated by Jewel shoppers on a truck bed for the Adopt-a-Family project.

## Pappas: There’s Help for Senior Citizens Struggling to Pay Cook County Property Taxes

With prescription prices and utility bills rising faster than Social Security payments, a tax-relief program can help senior citizens who are hard-pressed to pay their property taxes, Cook County Treasurer Maria Pappas recently said.

Seniors whose annual household income is \$55,000 or less can apply to the Senior Citizen Real Estate Tax Deferral Program for loans to cover property tax payments.

“When property taxes are due, too many of our elderly are forced to make difficult choices about which bills to pay,” Pappas said. “This program is one way to ease their worries.”

The State of Illinois issues the loans, which do not have to be repaid until the property is sold or until the homeowner dies. An interest rate of 6 percent per year is charged by the state. The maximum loan is \$5,000 per year. To qualify, homeowners must be at least 65 years old by June 1 of the year in which

the application is made.

**To apply:**

- Download the application from [cookcounty-treasurer.com](http://cookcounty-treasurer.com)
- Submit the completed application and copies of the required documents to the Treasurer’s Office
- The deadline is March 1, 2019. Applications after that date cannot be accepted
- Homeowners must reapply every year



# Shepard Students Qualify for IMEA Band, Choir

Shepard High School proudly announces that eight students earned selection to the Illinois Music Educators Association District 1 honors bands and choirs.

Students who participated in the IMEA festival included:

District Jazz: Rachel Antone, Alto Sax for Jazz Band 4; Noah Treat, Tenor Sax for Jazz Band 2.

District 1 Honors Festival Band: Noah Treat, Tenor Sax

Choir: Shawna Lewis, Soprano 1; Alan Krolkowski, Tenor 1; Lemuel Talosig, Tenor 1; Lucas Lowry, Tenor 2; Ryan WYROBEK, Tenor 2; and Mitchell Elzinga, Bass 2.

Criteria for membership include a grade point average of at least 3.6/4.0 and participation in at least four extracurricular activities. (Five if the student is a senior.)



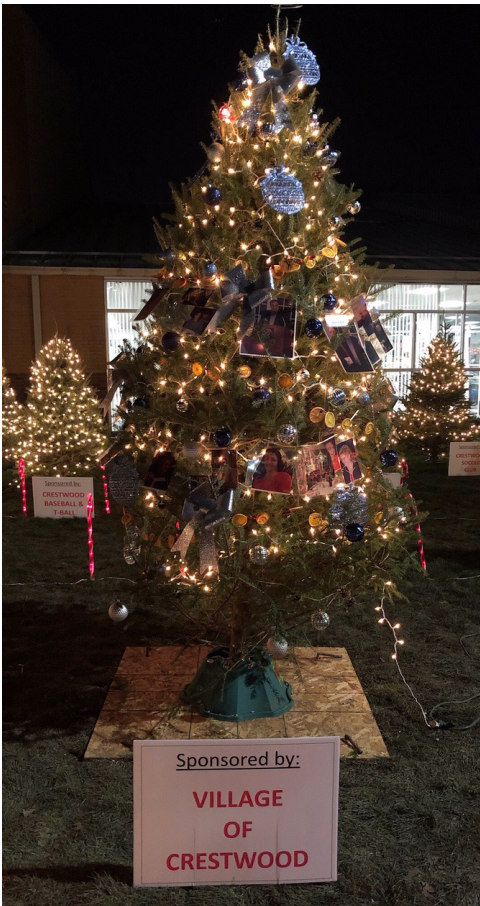
Appearing in this photo are students from Shepard High School selected to participate in the Illinois Music Educators Association District 1 bands and choir.

## Crestwood Community Tree Trim Event at the CRWC

The Community Tree Trim event was held on Saturday, December 8th beginning at 11:00 AM. There were cookies, holiday music, hot chocolate, a visit from Santa and Mrs. Claus and everyone took a ride on the kiddie train. Thanks to the Public Works Department and the Crestwood Emergency Management agency for their assistance with the event.

### Trees were sponsored by the following businesses and organizations:

The Village of Crestwood, the Crestwood Soccer Club, the Johnson/ Noll Family, the Crestwood Biela Center, Suburban Party Characters, Culver’s, Crestwood Fastpitch Association, Crestwood Baseball and T-Ball, the Crestwood Police Department, the Crestwood Fire Department, the Crestwood Public Works Department, Kolmar School. Park Lawn, Girl Scout Troup 65516 & 65584, Mid-Crest Panthers Football and Cheerleading, the Crestwood Public Library and the Crestwood Recreation & Wellness Center.





# Mathletes Win Conference Championship

Shepard High School proudly announces that more than 60 of its current Last month, the Mathletes team from Shepard High School won the South Suburban Conference Red Division championship at Oak Lawn High School.

The Astros won 1st Place in five categories, 2nd Place in three, and 3rd Place in two. The sophomore team from Shepard also won the conference championship.



(LEFT PHOTO) From left, coaches Maureen Kall, Jim Jett and Bill Geraghty celebrate the South Suburban Conference Red Division championship won by the Mathletes from Shepard High School. (RIGHT PHOTO) The Mathletes from Shepard High School won the South Suburban Conference Red Division championship at both the varsity and junior varsity levels.



# Moraine Valley Blue Island Nursing Cohort Volunteered with Young Hearts for Life

Potentially saving a life was the goal of the nursing cohort from Moraine Valley Community College’s Education Center at Blue Island as they volunteered with the Young Hearts for Life Cardiac Screening Program to examine students at Shepard High School.

The 14 students in the cohort are part of the first class of nursing students studying at the Blue Island campus that began this fall semester. The Young Hearts for Life Cardiac Screening Program is a national group that uses trained volunteers to deliver low cost and efficient electrocardiogram (ECG) screening for students and athletes for conditions that cause sudden cardiac death. This allows doctors to identify heart defects that may not otherwise present symptoms.

Each Moraine Valley student performed the screening on roughly 40 students each. Not only did this get them hands-on experience, but also exposed them to the community and helped them to bond.

“They are a small, but very cohesive group,” Moraine Valley nursing instructor Leslie Moyar said. “We decided to volunteer because the students are new to

Moraine Valley and the nursing program, and it provided a fun way to bond as a group. It gave the students some hands-on activities with ‘patients,’ which helped them start to feel comfortable in the role of a nurse. It's also a great way to volunteer and give back to the community. Young Hearts for Life told us how much they love having nursing students volunteer for them because they are able to pick up the skills quickly, and the event is often very fast paced, requiring the assessment of hundreds of students in just a few hours.”



The 14 students in the Moraine Valley Community College Education Center at Blue Island nursing program volunteered with the Young Hearts for Life Cardiac Screening Program to assess students at Shepard High School.



# Shepard Students to Represent Team USAsecond at Sandburg Invitational

Shepard High School sophomore Gia Swanson and junior Jenna Bader will travel to Milan, Italy, in February to compete with Team USA figure skating.

They qualified with the other members of Teams Elite, a synchronized skating team. Teams Elite became the first team in U.S. Figure Skating history to earn a place on Team USA in their inaugural season competing at the Junior level.

Juniors are the highest level of competition for skaters between the ages of 13 and 18.

Teams Elite earned their spot on Team USA after competitions in Mentor, Ohio, in early November and Anaheim, Calif., in mid-November. They placed 1st and 4th, respectively.

In Milan they will compete in a short program set to the song “Survivor” by Beyonce, and a long program to music from “Romeo and Juliet.”

Shepard High School students Gia Swanson (left) and Jenna Bader will travel to Milan, Italy, in February to compete with their synchronized skating team as part of Team USA.





CRESTWOOD RECREATION & WELLNESS CENTER

5331 W. 135th  
Crestwood, IL 60418

708-371-4810

## Crestwood Recreation & Wellness Center is seeking...

### Youth swim lesson instructors/ lifeguards

- o Approximately 10 to 12 hours a week
- o Must work well with children and others
- o Comfortable in the water
- o Must be 16 years of age or older
- o Lifeguards – need valid certification

### Water fitness/group exercise instructors and substitutes

- o Flexible schedule required
- o Valid certification required

Please apply at the Crestwood Village Hall located at 13840 S. Cicero Ave. Crestwood, IL. 60418

## 2019—Youth Gymnastics & Tumbling



Address: 5331 W. 135<sup>th</sup> St, Crestwood, IL  
Phone: (708)-371-4810  
Email: [CRWCsports@gmail.com](mailto:CRWCsports@gmail.com)  
[www.crestwoodfitness.com](http://www.crestwoodfitness.com)

Children will learn the FUN-damentals of gymnastics & tumbling in this energetic and quick-paced class! Boys and girls will be taught the proper stretching and lead-up drills to ensure safety, as well as build strength, flexibility, and spatial awareness.

| Parent - Tot Gymnastics      |               |                         |                      |                |
|------------------------------|---------------|-------------------------|----------------------|----------------|
| Tuesdays                     | 01/29 - 02/26 | 18 months - 3 Years Old | Time: 9:00- 9:45am   | Code: 302010-F |
| Pre - Kinder Tots Gymnastics |               |                         |                      |                |
| Tuesdays                     | 01/29 - 02/26 | 3 & 4 Year Olds         | Time: 9:45 - 10:30am | Code: 302010-G |
| Mondays                      | 01/28 - 03/04 | 3 & 4 Year Olds         | Time: 4:00- 4:45pm   | Code: 302010-H |
| School Aged Gymnastics       |               |                         |                      |                |
| Mondays                      | 01/28 - 03/04 | 5 - 9 Year Olds         | Time: 4:45 - 5:30pm  | Code: 302010-I |
| Rhythmic Acro Combo          |               |                         |                      |                |
| Mondays                      | 01/28– 03/04  | 6 - 12 Year Olds        | Time: 5:30 - 6:15pm  | Code: 302010-J |

Students should wear comfortable, non-baggy clothing such as shorts & t-shirt for boys, and leotards/shorts for girls. Long hair should be pulled back away from face with soft hair ties-no hard clips.



**Instructor Bio - Ellen McDermott**  
Ellen has been involved with the sport of gymnastics for 20+ years as an athlete, coach, choreographer, and judge. She loves teaching all levels, and aspects of gymnastics to boys & girls, and is a current professional member of USA Gymnastics.

Fees for each 5 week session  
**\$40.00 Resident / \$48.00 Non-Resident**  
Min/Max : 6/12  
**\*NO CLASS MONDAY Feb. 18th \***

## Winter 2019—Kids Yoga



5331 W. 135th Street  
Crestwood, IL 60418  
708-371-4810

Come and experience the world of yoga this fall! Classes help teach self-regulation while building confidence. Yoga classes are centered around a theme and incorporate individual, partner and group poses. We focus on learning poses, controlling the breath and mind, and finding a place of calm within.

Two sessions are offered this Winter: January 4 thru 25 and February 1 thru 22.

### Little Yogis (ages 4 to 10) Fridays, 4:00 to 4:50 PM

Calling all yogis ages 4-10 to come on some amazing adventures through the world of yoga. Classes are adventure and story based, and include a whole lot of fun. Parents are welcome to walk the track or wait in the concession room while children are in class.

**Session 1:** January 4 - January 25 (Code: 131500-K)

**Session 2:** February 1 - February 22 (Code: 131500-L)



YOGA  
FOR KIDS



**Instructor: Beth Robinson**  
**Instructor Bio—**  
Beth received her 200RYT from Reflections Yoga Center and her CRYT training from Global Family Yoga. She is Yoga Alliance Registered, Prenatal and Child certified.

Fees for each 4 week session:  
**\$26.00 Resident / \$31.00 Non-Resident**  
Min/Max: 6/15  
**Register now for one or both sessions**

## Crestwood Recreation and Wellness Center Winter 2019

### CRWC Indoor Soccer League



Crestwood Recreation and Wellness Center indoor soccer leagues are back! This is a wonderful co-rec opportunity for boys and girls to keep their skills fresh before the winter months. The league will be six weeks. The first two weeks will be practices, and the following four weeks will be games. Volunteer coaches will facilitate a fun and instructional league focusing on skills and offering game play. Games will be played at the Crestwood Recreation and Wellness Center. All players will receive ample playing time and will receive a team jersey and a medal. **\*No games Feb. 12 & Feb. 14\***



**Fees:**  
**Residents: \$50**  
**Non-Residents: \$55**  
**Registration Deadline:**  
**January 13th**




| Grades              | Day       | Dates         | Code       |
|---------------------|-----------|---------------|------------|
| PreK - Kindergarten | Tuesdays  | 01/22 - 03/05 | 320111 - J |
| 1st - 2nd           | Thursdays | 01/24 - 03/07 | 320111 - K |
| 3rd - 4th           | Thursdays | 01/24 - 03/07 | 320111 - L |

**Practices/Games will start no earlier than 5pm.**  
**(VOLUNTEER COACHES ARE NEEDED)**  
Contact Erik Ziolkowski at (708) 371-4810 or [CRWCsports@gmail.com](mailto:CRWCsports@gmail.com)



Address: 5331 W. 135<sup>th</sup> St, Crestwood, IL  
Phone: (708)-371-4810  
Email: [CRWCsports@gmail.com](mailto:CRWCsports@gmail.com)



YOUTH SPORTS CLASSES

CRESTWOOD RECREATION & WELLNESS CENTER  
WINTER 2019 • JANUARY 9 - APRIL 3



### SPORTS AND MORE

Children are introduced to the fundamentals of sports including basketball, floor hockey, football, kickball, soccer, t-ball and other sports and group games. The program provides an opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship.

|            |           |           |            |          |       |                        |
|------------|-----------|-----------|------------|----------|-------|------------------------|
| 241886 - G | AGES: 3-5 | WEDNESDAY | 4:15-5:00P | 1/9-2/13 | 6 WKS | FEE: R/NR: \$60 / \$65 |
| 241886 - J | AGES: 3-5 | WEDNESDAY | 4:15-5:00P | 2/27-4/3 | 6 WKS | FEE: R/NR: \$60 / \$65 |

### TRIPLE PLAY

This class features three sports that alternate each week. Participants develop skills associated with each sport and have opportunities to use these skills in game situations. Emphasis is placed on skill development, teamwork and sportsmanship. (The three sports can change each session depending on preference.)

|            |           |           |            |          |       |                        |
|------------|-----------|-----------|------------|----------|-------|------------------------|
| 241886 - H | AGES: 6-8 | WEDNESDAY | 5:00-6:00P | 1/9-2/13 | 6 WKS | FEE: R/NR: \$60 / \$65 |
| 241886 - K | AGES: 6-8 | WEDNESDAY | 5:00-6:00P | 2/27-4/3 | 6 WKS | FEE: R/NR: \$60 / \$65 |

### GAME TIME BASKETBALL

In this class, players develop skills such as passing, shooting, dribbling, and working as a team! This class will keep your child moving and help enhance their basketball skills through drills and various activities. Players also experience 3 vs 3 and 5 vs 5 scrimmages while receiving tips and active instruction from Hot Shots Sports coaching staff. Class size is limited so please register early.

|            |            |           |            |          |       |                        |
|------------|------------|-----------|------------|----------|-------|------------------------|
| 241886 - I | AGES: 9-12 | WEDNESDAY | 6:00-7:00P | 1/9-2/13 | 6 WKS | FEE: R/NR: \$60 / \$65 |
| 241886 - L | AGES: 9-12 | WEDNESDAY | 6:00-7:00P | 2/27-4/3 | 6 WKS | FEE: R/NR: \$60 / \$65 |



PROGRAMS HELD AT

**CRESTWOOD RECREATION & WELLNESS CENTER**

5331 W. 135TH STREET • CRESTWOOD, IL 60418  
708-371-4810 • [CRWCSPORTS@GMAIL.COM](mailto:CRWCSPORTS@GMAIL.COM)

 Register online at: [crestwoodfitness.com/online/](http://crestwoodfitness.com/online/)  
or register in person at the **CRWC**

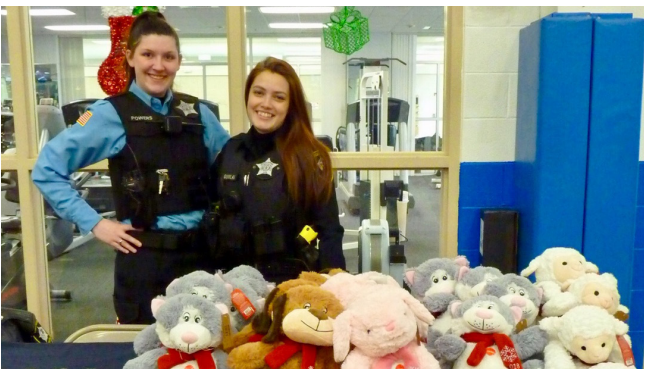
For more info contact Jessica Lynch @ [jessica@hotshots4kids.com](mailto:jessica@hotshots4kids.com), 630-207-3292 or visit [hotshots4kids.com](http://hotshots4kids.com)





# Visit with Santa 2018

The Visit with Santa event took place at the CRWC on Saturday, December 8th from 12:00 to 2:30 PM. **Santa and Mrs. Claus visited with all the kids and families and took pictures.** There was free juice, cookies, hot chocolate and guessing games with prizes! Kids were able to play in the Inflatable bounce houses and everyone was able to ride the kiddie train. Thanks to the Crestwood Fire Department, the Crestwood Police Department, the Crestwood Emergency Management Agency and the Public Works Department for all their help and support.





2019  
SEASON

Crestwood T-Ball League - 2019

Ages:

4-7 years

Division

T-Ball (Boys and Girls)

Registration Deadline:

February 23, 2019

• **Must be 4 years of age by January 1, 2019.** A birth certificate will be required for all players (even if your child has played in the past).

• **Registration forms are available at the Crestwood Recreation & Wellness Center during business hours.** Proof of residency will be required at the time of registration.

• Anyone interested in coaching (head coach/assistant coach should make a note on the registration form at the time of registration. You'll be contacted with more information.

• **Player/coach requests:** Will try to accommodate— no guarantees.

• **Season:** Runs early-May until mid-June (weather permitting).

• **Games and practices:** Walker Park, 139th & Laramie, Crestwood. **Games are played on Wednesday nights and Saturday mornings. Practices are scheduled by the coach.**

• **Rules and logistics:** Discussed at the parent/player meeting before the season.

Cost: **FREE** for Crestwood Residents /  
\$25.00 for Non-Residents

(Fee includes: Team shirt, hat, pictures and medal)

FOR MORE INFORMATION ABOUT THE 2019 SEASON, CONTACT JOE, THE DIRECTOR OF BASEBALL OPERATIONS

Crestwood Rec & Wellness Center

5331 W. 135th Street

Crestwood, IL 60445

www.crestwoodfitness.com

crestwoodcrush@gmail.com

708-595-6149

Practice/Clinics for the 2019 season may begin indoors in March. Parents will be notified via email or letter.


Sponsored By:



Volunteer coaches are needed for the Crestwood T-Ball— 2019 season.

CRESTWOOD RECREATION & WELLNESS CENTER

2019 WINTER BASKETBALL LEAGUE



LEAGUE BEGINS SATURDAY, JANUARY 19  
SIGN-UP NOW TO RESERVE YOUR SPOT!

League Divisions: PreK/K • Grades 1-2 • Grades 3-5

Join us this Winter at the Crestwood Recreation & Wellness Center for our Winter Basketball League!

The League will consist of three divisions:

- Pre K – Kindergarten
- Grades 1-2
- Grades 3-5

Hot Shots Sports will help facilitate practices and work with our volunteer coaches to create a fun and instructional league focusing on skills and offering game play.

Practices and games will be played on the same day. Week one will consist of an evaluation/skills clinic to determine team placement and provide balanced teams. Friendship requests are encouraged but may be limited in order to create balanced teams.


- Pre K-K: 30 minute practice followed by a 30 minute game
- Grades 1-2: 35 minute practice followed by a 35 minute game
- Grades 3-5: 30 minute practice followed by a 40 minute game

Players will receive a t-shirt and a medal.

| Day      | Dates      | Fee          |
|----------|------------|--------------|
| Saturday | 1/19 - 3/2 | R\$80/NR\$86 |

| Grades  | Time           | Code     |
|---------|----------------|----------|
| Pre K-K | 9:00-10:00AM   | 301612-D |
| 1st-2nd | 10:15-11:30AM  | 301612-E |
| 3rd-5th | 11:45AM-1:00PM | 301612-F |

Location: Crestwood Recreation & Wellness Center  
5331 W. 135th Street, Crestwood, IL 60418



VOLUNTEER COACHES NEEDED!

The Basketball League depends on parents to volunteer for coaching duties. For more information or to volunteer, contact Hot Shots Sports at 708-439-3543 or jessica@hotshots4kids.com

QUESTIONS: Contact Erik Ziolkowski at (708)371-4810 or CRWCsports@gmail.com

REGISTER ONLINE: crestwoodfitness.com/online

REGISTER IN PERSON: Crestwood Recreation & Wellness Center - 5331 W. 135th Street, Crestwood, IL 60418





## Recycling Locations Near You

Do you have materials that you would like to recycle but don't know how or where to do so? Here is a convenient list of locations that will recycle a variety of materials. We encourage you to save this list, and to post it on your refrigerator or in other convenient place as a reminder to do your part to help our planet and our community.

### Batteries Plus

6227 W. 95th St.  
Oak Lawn, IL 60463  
(708) 499-6977

Items accepted: rechargeable batteries

### Computer Greeks

12222 S. Harlem Ave.  
Palos Heights, IL 60463  
(708) 636-3473

There is a fee for some items, including:

- Printers: \$5
- CRT Monitors: \$20
- Televisions up to 24": \$30
- Televisions 24"-27": \$40
- Televisions larger than 27": Call for availability

### Midas Palos Hills

11108 Southwest Highway  
Palos Hills, IL 60464  
(708) 974-4400  
Items accepted: tires

### Oil Depot

1012 Ogden Ave.  
Lisle, IL 60532  
(630) 493-1795

Items accepted: gasoline, motor oil and car batteries

### O'Reilly Auto Parts

6710 W. 111th St.  
Worth, IL 60482  
(708) 361-2885

Items accepted: car batteries

### Savers

15625 94th Ave.  
Orland Park, IL 60462  
(708) 460-3655  
Items accepted: gently used clothing, shoes, housewares, books, media, kitchenware and other items

### Village of Crestwood

13840 S. Cicero Ave  
Crestwood, IL 60418  
(708) 371-4800  
Crestwood Police Department that accepts medication .

## THINKING ABOUT MAKING A MOVE IN 2019? THEN EXPERIENCE THE CLIFF RAGO DIFFERENCE!

With over 30 years of experience and selling over 375 Crestwood homes and condominiums myself, 55 in the last 2 years alone, I can help you get the highest price from the sale of your property.

### CRESTWOOD FEATURED HOME OF THE MONTH

Very well kept 3 or 4 bedroom 2 full bathroom Cape Cod home located on a nice quite block with a big 2 1/2 car garage and a nice rear yard. One of the main level bedroom is being used as a family room plus there is a main level office/game rm. Asking \$199,900. For more information or to view this property call Cliff at 708-267-0758.



## CALL CLIFF AT 708-267-0758

FOR A FREE NO OBLIGATION MARKET APPRAISAL  
LIFE TIME CRESTWOOD RESIDENT & FULL TIME REALTOR



NO ONE IN THE WORLD SELLS  
MORE HOMES THAN RE/MAX AND  
NO ONE HAS SOLD MORE CRESTWOOD  
PROPERTIES THAN CLIFF.  
RE/MAX SYNERGY 708-267-0758  
THE CRESTWOOD EXPERT!

REMEMBER, THE MORE I SELL YOUR CRESTWOOD  
PROPERTY FOR THE MORE MINE ARE WORTH!

### A LITTLE BIT OF GERMANY

### FEATURING THE CHICAGO MARDI GRAS PRINZ ELECT WILHELM I

**When:** Saturday, February 2<sup>nd</sup> 2019 from 4-8 pm

**Where:** Alan B. Shepard High School Cafeteria

Alan B. Shepard High School – Enter through **Door 12** in the back  
13049 S. Ridgeland Avenue  
Palos Heights, IL 60463

**Cost:** \$10 for Adults \$5 Children 12 and under

Includes Bratwurst, Sauerkraut, German Potato Salad, Bread and Butter, coffee, water or cider. Dinner will be served from 4-7 pm.  
Soda and Root Beer will be available for purchase.

The German Band “Paloma” will be back to entertain us at the event.

**BAKED GOODS! RAFFLE PRIZES! PRETZELS!**

*All proceeds will go to fund hosting students from Goethe Gymnasium Gernersheim in April 2019 and to fund our trip in 2020!*

*Please help support our exchange program!*

For tickets and information please contact Mrs. Jennifer Fischer at  
[jennifer.fischer@chsd218.org](mailto:jennifer.fischer@chsd218.org) (708) 371-1111 X 3073

## Sertoma Centre Awards Participant at Annual Holiday Bash

ALSIP, IL — Sertoma Centre held its annual holiday party for more than 100 program participants on Sunday, Dec. 16th, 2018, at the Oak Lawn Hilton. At this celebration, Robert Sniegolski was recognized for his 40 years as a program participant and received an award.

Robert first came to Sertoma Centre when he was 21 years old, and has enjoyed participating in a variety of day programs throughout the years. Robert is an avid Cubs fan, and has a deep admiration for firefighters and how they save lives. Robert enjoys fine dining and trying out new recipes. He is cheerful, loving and very supportive of his fellow participants at Sertoma.

*Congratulations, Robert!*



Gus van den Brink, Executive Director of Sertoma Centre, and Robert Sniegolski.



# Winners of Lights and Display Contest Announced

On Tuesday, Dec. 18th, following the Committee of the Whole meeting, Mayor Presta, Trustees Flynn, Madlener, Benigno and Pieroth put themselves in the capable driving hands of Clerk Johnson as they wended their way around the village with a list in hand featuring homes recommended to view and judge for our Village holiday decorating contest. Clerk Johnson drove our bus as we visited each home and provided scorings for judgment. With Christmas music playing in the background, and with great joy at taking in all of the great efforts of residents — both condo and single-family dwelling owners — the Board had very many festive homes to choose from, making it quite the difficult task. Some preferred the simple and traditional; others liked bright and blinking. Still others felt the inclusion of the Nativity ranked well. The scores are in and the top three are as follows:

**1st Place Winner of \$1,000.00 is:**  
5212 W. 137th Place (Coleman family)

**2nd Place Winner of \$500.00 is:**  
13336 S. LeClaire Avenue (Wysocki family)

**3rd Place Winner of \$250.00 is:**  
13659 S. LeClaire Avenue (Butvilas family)

The Board also wanted to give a Village business shout-out to our sponsor, **Delta Sonic** on Cicero. They lit up Cicero in a very festive way. All efforts are greatly appreciated. Thank you to all who took part!



## Why Kindness Should Be Your New Year’s Resolution

Year after year, the top resolutions remain the same – get fit, lose weight, save money, eat healthy and quit (insert unhealthy habit here). A few weeks (or if you’re lucky a few months) into the new year, often these resolutions fall to the side as everyday life takes over.

But what if there’s one New Year’s resolution you could keep all throughout the year? One resolution that could quite possibly change your outlook and add to your well-being. Something you could do that will help make your life and the world a little better simply, practicing kindness for yourself and others. **“Be kind whenever possible. It is always possible.”**  
– Dalai Lama

### Be kind to yourself

Let go of the negative emotions, people and habits in your life that no longer serve you.

Stop the negativity – We can be our own worst enemy when it comes to judging ourselves harshly, putting ourselves down or putting unnecessary pressures on ourselves. We all have negative thoughts that run through our head, mine include: I should eat better, I should work out more, I should be more patient with my kids. The result, we bring ourselves down but we don’t have to.

We may or may not lose that 10 pounds or stop eating sugar, but we can put a stop to our negative self-talk. One sure fire way to do that is gratitude. Practicing gratitude can be as simple as writing a list every day with five things you’re grateful for or

asking each family member at dinner what the best part of their days was.

Say goodbye to toxic, unhealthy relationships – We all have those few relationships that add more stress to our lives than they should. Maybe there with a friend, colleague or family member. Unhealthy relationships aren’t always easy to identify. If your left feeling drained and exhausted, feeling like you can’t be yourself and are in an involuntary competition? Eventually, once you end things and you will instantly fell relief. Over time, letting go of these relationship can help welcome new supportive friendships into my life.

We can’t always walk away from the toxic people in our lives, but we can limit our time with people who don’t add to our well-being. **“Make it so easy that you can’t say no.”**  
– Leo Babauta

**Start small** – Creating a new habit is tough and it’s even tougher when we set big goals for ourselves (lose 30 pounds in 30 days). I’m all for dreaming big but building on small successes is what helps us reach our end goals. So start small – let’s say, start with trying to lose one pound a week or eat one less sugary treat a day.

**Practice self-care** – treating yourself doesn’t always ean going to the spa or splurging on something you’ve wanted – but I’ve come to realize that true self-care runs much deeper than that. I remember reading that we often don’t treat ourselves as kindly and lovingly as we treat our little ones. We make sure they get to bed on time, eat healthy meals, have time each day to rest and play. Now, it’s time for us to start doing that for ourselves. Find ways to fill your cup because you matter.

**Forgive yourself and others** – Lingering

resentments have a way of taking over and not only reduce the quality of our well-being but also our relationships. It’s easy to get caught up in the blame game but ultimately, we are responsible for our life. Maybe it’s time to let go of that family grudge or that rude comment or big argument. Forgiving ourselves is just as important.

### BE KIND TO OTHERS

**Volunteer** –Life is busy and it’s often hard to fit in volunteering along with everything else but try planning in a quarterly or even an annual volunteer activity. Involve your kids, friends and family to make it easier to commit. Do something that matters to you and makes a difference in your community.

**Donate** – Money, food and clothes are always in demand. Take some time to find out where you would like to make a difference and contribute there. Ask for donations to the food bank instead of gifts for our daughter’s birthday. I’ve also started carrying granola bars to give out when approached by those in need. Big or small, we have the power to make a difference.

**Practice random acts of kindness** – According to Psychology Today, “Compassion and kindness reduce stress, boost our immune systems, and help reduce negative emotions such as anger, anxiety, and depression”. We are all strapped for time, but kindness doesn’t have to be a lot of work. Really it can be as simple as holding the door open for someone, sending a thoughtful text or smiling at a stranger.

The new year is upon us and with that the desire to let go of the past, start fresh, and be the best version of ourselves. Let’s make sure that it also includes building a kinder world. What’s your New Year’s resolution? Does it involve kindness?





## Senior Wheels

Transportation is offered to Bremen Township Residents 55 years and older. Senior Wheels will pick you up and take you to the doctor, grocery store, bank, beauty shop or to visit a friend. We stay inside Bremen Township boundaries for non-medical trips, and we travel outside the Township for medical appointments only. Our service is available Monday through Friday, 8:30 a.m. to 3:30 p.m. The fee is \$2.00 each way or you can purchase a 10-ride ticket from your driver for \$16.00. We recommend you call for your ride at least one week before your appointment.

### SENIOR DROP IN CENTER

The Drop in Center is open every Friday from 9:00 a.m. to 1:00 p.m. - Join us for cake, coffee, bingo, monthly luncheons and friendship.

### SHOPPING BUS

The shopping bus goes to Orland, Chicago Ridge and Joliet Mall. The bus is free, but you need to sign up in advance due to limited space on each bus. Call for dates and pick-up points.

### Other Services & Activities

Podiatrist, Blood Pressure & Glucose checks, Flu Shots, Yoga and Line Dancing.

### CALL FOR INFORMATION ON DAY TRIPS, CLASSES AND SEMINARS.

For more information, please visit the Bremen Township, senior services 15350 Oak Park Avenue, Oak Forest, IL 708.687.8220.

# Seniors

WHY PUT OFF FEELING GOOD?

## SIT TO GET FIT!

### JOIN US!!!

**TOMORROW YOU WILL  
WISH YOU STARTED  
TODAY**

**Improve your strength, balance,  
posture & mobility.**

Class every Monday, Wednesday, & Friday  
11:15am - 12:00pm

**Class taught by Fitness Instructor: Diana Esparza**

**Biela Center**  
**4545 Midlothian Turnpike**  
**Crestwood, IL 60445**  
**708.371.4860**

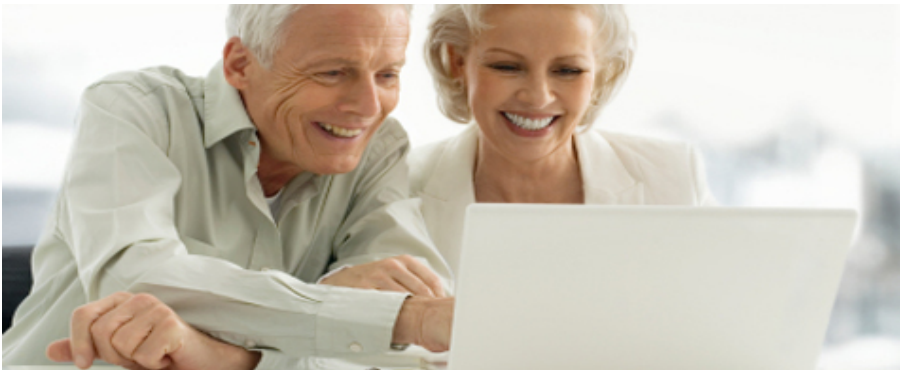
**This class offers a variety of low impact exercises while standing and sitting, and incorporates the use of dumbbells. The exercises are customized to cater to those with sensitive knees and hips. Seniors in a wheelchair are also encouraged to take this class.**

## More Seniors Use Technology To Learn, & Stay In Touch Free Classes Being Offered

It's not just younger generations who are taking to online resources to enhance their connectivity to the world and those around them. Many seniors are realizing the benefit from using technology to gain access to the Internet's wealth of information and stay in touch with family and friends, and experts say that digital tools are gaining popularity among older adults. Digital resources can benefit their quality of life in a variety of ways.

Among the advantages of the Internet is its ability to help seniors stay engaged with current events and find information quickly with the click of a few buttons. Many people find going online to seek out old friends, connect with new acquaintances and find support through social networks gives them a sense of peace. coping with the death of a loved one by reaching out to other adults who had gone through similar loss and could offer words of wisdom and provide them with a broader basis of individuals to depend on, instead of a few family members.

Learning basic skills like word processing, browsing the Web and practicing safety online to avoid viruses and scams will be taught. Of course, computers are not the only digital tools from which seniors can benefit. Tablets such



as the Apple iPad present a lightweight and portable way to have a wealth of information at one's fingertips, and can also be used to listen to music, watch films, read books and periodicals, and communicate with family members via video chatting.

The Crestwood Biela Center will SOON be offering FREE classes to seniors. We have recently added a computer lab for members to use. Starting in January we will be offering classes to interested participants. We are in the process of creating a schedule and gathering how many and often classes will be had based on interest. If you are interested or know of a family or friend who would like to learn basic computer skills and programs, please contact our Biela Center staff at **708 3771-4800 x 6000** to get your name on the list. We will then contact you with a schedule. We look forward to offering these great classes, being taught by professional IT staff.



| Look What's Cooking!!!                 |                               |
|--|-------------------------------|
| Lunch and bingo or a movie for over 50 |                               |
|  |                               |
| Tuesday Jan. 1st                       | Closed- Happy New Year!!!     |
| Friday Jan. 4th                        | Smoked Sausage and Potatoes   |
| Tuesday Jan. 8th                       | Meatball Sandwiches           |
| Friday Jan. 11th                       | Stuffed Pepper Soup and Salad |
| Tuesday Jan. 15th                      | Chicken Tacos and Rice        |
| Friday Jan. 18th                       | Chicken Pot Pie               |
| Tuesday Jan. 22nd                      | Sloppy Joe Sliders            |
| Friday Jan. 25th                       | Chicken, Bacon, Ranch Pasta   |
| Tuesday Jan. 29th                      | Cheesy Beef Goulash           |

Enjoy a delicious lunch (\$4.00) at the Biela Center at noon. Bingo and a movie start at 1 p.m.. Please help us by making reservations. If you need to cancel because of weather, illness, appointments, etc., **PLEASE CALL** the day before or early the morning of the luncheon. Reservations for Tuesday lunch must be made by 4 p.m. Friday and reservations for Friday lunch must be made by 4 p.m. Wednesday.

- Never A Dull Moment at the Biela Center**
- By now you know the Biela Center is located at 4545 Midlothian Turnpike, but do you know what goes on a daily basis? Senior citizens, you never have to be bored again.
- Take a look at the many activities that wait for you here:
- \*Choose a senior fitness group that works best for you-one, two, or three times a week.
  - \*Keep your driving privileges, and your freedom, by attending one of our frequent Rules of the Road classes held throughout the year.
  - \*Every week we offer free movies for your enjoyment in a relaxed atmosphere.
  - \*Lunch and bingo are offered Tuesdays and Fridays all year at the Biela Center.
  - \*Free blood pressure screening is offered every month.
  - \*Join us for some of our group trips to casinos, plays, theaters, and other interesting venues.

**Chicago South Elks Lodge 1596**

The Elks, in cooperation with the Biela Center, continue to collect pop-tabs for Ronald McDonald House as well as eyeglasses, greeting cards, used cell phones and chargers for other charities.

For more information, contact the Elks at 708-597-7465 or the Biela Center at 708-371-4860, EXT 6001.

*Sorry....No refunds can be made*

We've often experienced last-minute cancellations for our various day trips. We have to make it clear that when reservations are confirmed, refunds will not be issued.

Therefore, no refunds can be given for any trip unless we have a waiting list or if you can find a replacement for your reserved space. When you register for a trip, you

have two weeks to decide before payment.

Please do not arrive more than 30 minutes before scheduled departure time for a trip. We do publish the scheduled departure time for our trips. Your cooperation will be appreciated. Many passengers are very sensitive to strong perfumes and aftershaves. We ask that you think of others if you use them.

**CASINO TRIPS**

***When making casino reservations, please have your card number or address and date of birth. Remember, you must have a valid picture ID at the casino... Winning more than \$1,199 requires showing your security card!***

**January 24th, 2019: Grand Victoria Casino** 

\$25.00 per person. Call to reserve your spot

**Feb. 6th, 2019: Musical Lunch at Gaelic Park**

– \$15.00 per person. Call to reserve your spot.

**White Fence Farm Valentine's Day Lunch**

Feb. 13th, 2019 | Price \$65.00

Includes Transportation Motor Coach, Lunch and Entertainment by Metro Star Orchestra

**February 18th, 2019: Ameristar Casino**

\$25.00 per person. Call to reserve your spot.

**Feb. 21st, 2019: Wolves Games Game:**

Price: \$65.00, includes Coach Transportation, Continental breakfast, Meet and Greet a Personality of the Wolves and Stay to enjoy the Game

**February 28th, 2019 Mama Mia Dury Lane**

Price: \$78.00 | Includes Transportation on Motor Coach, Lunch and Play Mama Mia

Bus leaves Biela Center at 10:30 am

**March 5th, 2019: White Fence Farm Mardi Gras**

\$65.00 (More information to follow.)

**March 14th, 2019: Albanese Candy Factory Field Trip**

– \$40.00 includes, Coach transportation, lunch and tour of Candy Land

**March 19th, 2019: St Patrick's Day Lunch Party**

\$10.00 per person

**March 21st, 2019: Million Dollar Quartet**

More information in Biela Center Office

**March 25th 2019: AmeriStar Casino**

\$25.00. Includes Coach bus transportation and \$10.00 credit towards Lunch Buffet

**Movies For the month of January**

All are invited to come in on any day to watch a movie of your choice every Wednesday at 1:00pm, or call to reserve any other times or days.

**Windy City Cannabis**

**January 9th, 2019**  
12:30pm to 2:00pm and 6:00pm to 8:00pm

**February 13th, 2019**  
12:30pm to 2:00pm and 6:00pm to 8:00pm

Windy City Cannabis: Lauren will be the speaker Windy City Cannabis is the premier medical marijuana dispensary serving patients at locations throughout south and southwest Cook County. Lauren will have many topics to cover and will have time for Q&A  
Call to reserve your spot

**Attorney Katie Cotter Bowen**

Attorney Katie Cotter Bowen of Cotter Bowen Law Firm, LLC in Oak Lawn, Illinois, has been practicing law for more than 10 years. A graduate of the John Marshall Law School, Katie specializes in family law, real estate and estate planning. Katie has represented clients in family law cases, real estate transactions and estate planning and since 2007. Call to reserve your spot.

**Games, Games and More Games**

Biela is looking for new members to come roll some dice, play some cards, throw some bean bags, form a trivia league, play board games or come up with other fun activities to pursue together.

**Computer Class**

Anyone interested in participating in a computer class, the Biela Center has a brand-new computer lab! Classes will be taught for beginners to advanced-level users.

If interested in any of the ideas or programs listed above, please contact Linda McSweeney at the Biela Center (708) 371-4860 Ext. 6001

**Biela in Need of New Bingo Caller**

It's the most popular pastime at the Biela Center, and it could be in danger! The Biela Center needs a new Bingo caller for 2018. Bingo takes place every Friday from 1:00-3:30pm. Lunch is served at noon. (Bingo caller eats free when calling Bingo.)

Anyone who is interested in making a lot of seniors happy, please call the Biela Center at (708) 371-4860 x6001.

**Crestwood Senior Club**

Crestwood Biela Senior Club is looking for new members and **NEW OFFICERS. A new election will happen in January!!**

We are looking to expand our Senior Club and Membership. If you are 55 or older and looking to get out, meet great people from your Village and surrounding communities, and want to help EXPAND the Biela Center Activities.....**WE WANT YOU!!**

Senior Club meets on the first and third Wednesday of every month beginning at 12:15. During the meetings, refreshments are provided, different guest speakers are scheduled, offsite activates and trips are planned along with fun social activities.

# Village & Biela Center Happenings

**Unless otherwise indicated, all listed events are at the Biela Center, 4545 Midlothian Turnpike.**

**NEW! Biela Center Hours: Monday thru Friday - 9:00 am to 4:00 pm**

**708-371-4860 Ext. 6001** For more Information

| MONDAY       |  | TUESDAY |                                     | WEDNESDAY                           |   | THURSDAY  |                                     | FRIDAY                                    |   |   |                  |    |   |
|--------------|--|---------|-------------------------------------|-------------------------------------|---|---|-------------------------------------|---|---|---|------------------|----|---|
| JANUARY 2019 |  |         |                                     | 2                                   | 11:15 a.m. Fitnessss<br>1:00 p.m. Movie<br>12:30 p.m. Crestwood Seniors | 3   | 12:00 p.m. Cards                    | 4   | 11:15 a.m. Fitness<br>12:00 p.m. Lunch<br>1:00 p.m. Bingo               |   |                  |    |   |
|              |  |         |                                     | 7                                   | 11:15 a.m. Fitness<br>12:30 p.m. Biela Seniors                          | 8   | 12:00 p.m. Lunch<br>1:00 p.m. Bingo | 9   | 11:15 a.m. Fitnessss<br>1:00 p.m. Movie<br>12:30 p.m. Crestwood Seniors | 10  | 12:00 p.m. Cards | 11 | 11:15 a.m. Fitness<br>12:00 p.m. Dessert<br>1:00 p.m. Bingo |
|              |  |         |                                     | 14                                  | 11:15 a.m. Fitness<br>12:30 p.m. Biela Seniors                          | 15  | 12:00 p.m. Lunch<br>1:00 p.m. Bingo | 16  | 11:15 a.m. Fitnessss<br>1:00 p.m. Movie<br>12:30 p.m. Crestwood Seniors | 17  | 12:00 p.m. Cards | 18 | CLOSED  |
| 21           | CLOSED   |         | 22                                  | 12:00 p.m. Lunch<br>1:00 p.m. Bingo | 23  | 11:15 a.m. Fitness<br>1:00 p.m. Movie<br>12:30 p.m. Crestwood Seniors | 24                                  | Grand Victoria Casino<br>12:00 p.m. Cards | 25  | 11:15 a.m. Fitness<br>12:00 p.m. Dessert<br>1:00 p.m. Bingo |                  |    |   |
| 28           | 11:15 a.m. Fitness<br>12:30 p.m. Biela Seniors | 29      | 12:00 p.m. Lunch<br>1:00 p.m. Bingo | 30                                  | 11:15 a.m. Fitness<br>1:00 p.m. Movie<br>12:30 p.m. Crestwood Seniors   | 31  | 12:00 p.m. Cards                    |   |   |   |                  |    |   |



# Memorable Season for Moraine Valley Speech Team

The Moraine Valley Community College Speech Team finished a successful season that included earning top awards at tournaments along with numerous individual medals, and creating a new tournament named in honor of a college dean who has provided an abundance of support for the team.

The new tournament, which Moraine Valley co-hosted at the University of Wisconsin at Whitewater, has been named the Dr. Walter Fronczek Tournament, honoring the dean of Liberal Arts. “Most speech tournaments have a name or a theme associated with them,” said John Nash, head coach. “Without hesitation I thought to name our half of the tournament after Dean Fronczek. He goes above and beyond helping the team and has been a champion of the Speech Team for years. Although we have thanked Dean Fronczek over the years, we thought naming a tournament after him would create an annual reminder for generations to come of just how integral he was, is and will be to this activity.”

As a longtime supporter of the team, Fronczek was deeply moved by the team’s gesture. “I was stunned and honored to find out the new speech tournament we host was named after me,” he said. “I have worked with the Speech Team since I started at the college and have seen what a great impact this program has had on our students, who perform at such a high level because of their enthusiasm for the program and our excellent coaching staff at the college. John Nash always gives our students 100 percent, and it shows in the students’ performances.”

Season performances included an overall 1st Place trophy from one of the final tournaments of the season hosted at Highland Community College. Individual awards were earned by:

- Moises Bello, of Chicago, 2nd Place in Informative Speaking; 5th Place in Radio; 6th Place in Poetry Interpretation
- Ethan Gallant, of Chicago Ridge, 1st Place in Speech to Entertain, 6th Place in Radio, 2nd Place in Persuasive Speaking
- David Ward, of Oak Lawn, 6th Place in Speech to Entertain, 4th Place in Prose Interpretation, 2nd Place in Duo Interpretation
- Abby Hanrahan, of Palos Heights, 1st Place in Extemporaneous Speaking; 1st Place in Debate; 4th Place in Impromptu Speaking
- Destiny Patino, of Chicago, 1st Place in Program of Interpretation; 4th Place in Persuasive Speaking
- Jennifer Gutierrez, of Bridgeview, 1st Place in Prose Interpretation, 2nd Place in Program of Interpretation; 6th Place in Communication Analysis
- Natalie Jurcik, of Bridgeview, 1st Place in Radio; 6th Place in Program of Interpretation, 2nd Place in Communication Analysis; 5th Place in Persuasive Speaking
- Megan Kozik, of Oak Lawn, 6th Place in Program of Interpretation
- Julian Camacho, of Oak Lawn, 1st Place in Persuasive Speaking; 2nd Place in Duo Interpretation

Team members also won medals at the Northwestern University tournament, where Moraine Valley was the only two-year school among the four-year universities competing. Medals were earned by Jurcik, 3rd Place in Communication Analysis; Hanrahan, 1st Place in Impromptu Speaking and 2nd Place in Extemporaneous Speaking; and Bello, 6th Place in Impromptu Speaking.

The team’s new season kicks off this month with tournaments at the College of DuPage and Harper College before state, regional and national tournaments.



Dr. Sylvia Jenkins, president of Moraine Valley Community College, was honored with the CASE V Chief Executive Leadership Award Dec. 11th.

## Moraine Valley President Receives CASE Leadership Award

The Council for Advancement in Support of Education (CASE) presented Dr. Sylvia Jenkins, president of Moraine Valley Community College, with the CASE V Chief Executive Leadership Award at its conference in Chicago on Dec. 11th. The award recognizes an institutional leader for outstanding efforts in promoting and supporting education and institutional advancement.

Jenkins, who has been Moraine Valley’s president since 2012, was selected for her vision for the college and inspiring others to that vision, support of institutional advancement, increasing the college’s stature in the community, encouraging innovation and risk-taking among employees, and leading the college to higher levels of success while establishing a positive image.

“Our purpose and mission is to serve everybody in the communities we represent,” Jenkins said. “It is a very critical time in history for those of us in higher education to continue to promote and talk about the value of higher education. I am very fortunate to be in a place where we do the best we can each day to serve all of the students and communities. I am so thankful for this honor.”

Jenkins serves on several national, state and local boards, and her efforts have led to numerous recognitions and awards. Her vision for the college — Service to Students, Service to Our Community, Service to One Another — is the driving force behind everything she does at and for the college, including being a welcoming institution for everyone; serving the community through service, civic learning and diversity initiatives; creating leadership training and development opportunities for all employees regardless of their role; and fostering an environment where all innovation is encouraged.

**14230 S Kilpatrick  
Crestwood**

# BOPPER BINGO

**Bingo • Music • Fun**

**Ten games of BINGO  
awarding dining and  
services from local  
businesses.**

**Special prizes may be  
awarded on each game  
valued between  
\$10 and \$500**

**Wed Jan 16th  
Wed Feb 20th  
Wed Mar 20th  
2:00-3:30pm**







## Featured Business of the Month: Agape's Salon & Spa

**Agape’ Salon & Spa | 5557 W 127th St. | Crestwood, IL  
(708)371-6464**

### New Year, New Hair!

Agape’ Salon & Spa has been servicing Crestwood for over 40 years. We have over 120 years of experience combined under one roof. Our expert stylist believes “You Deserve ‘The Look’ You Desire!”

We want to invite you to experience New Hair in the New Year!

- Rebalance a dry, itchy scalp \$10.00 (reg \$20)
- Reconstruct dry, brittle, dull hair \$10.00 (reg \$25)
- Premium Italian Hair Color \$35.00 (reg \$55)
- Personalize Designer Haircut \$20.00 (reg \$40)

*all offers first time clients only*



## Snow Removal & Clearing

Part of living in a cold-weather climate involves being patient and working together to make sure we all get through the snow storms that winter can bring. If snowfall is exceptionally heavy, complicated by freezing rain or has required crews to work in peak traffic times, the operation times can be longer. We appreciate your patience.

### Road Snow Clearing Process

- Salt trucks are dispatched for paved roads only, once roads have become snow covered.
- Each salt route takes approximately 4-6 hours to complete.
- Village staff determine whether to plow. (Usually 75mm/1" of snowfall or more.)
- Each snow plow route takes approximately 8-12 hours to complete.
- Clean up operations take place 1-2 days following a snow event could be longer depending on amount of snow fall.

### Safety Tips & Etiquette

- Be a good neighbor — lend a hand to those who may not be physically able to shovel.
- Keep your children safe — don't let them play in the snow piles or on the snow banks at the side of the road.
- When clearing snow, pile it on your property — it should not be shoveled onto the sidewalk or street.
- Place your garbage containers on a cleared area — do not perch them on the top of snow piles.
- Help prevent street flooding and icing by clearing snow away from storm sewer catch basins. When the weather turns warmer and snow begins to melt, it's important that the runoff water gets into the storm sewer.

### Things You Can Do to Help

Sometimes it takes several passes with the plow to completely clear the street. Wait until plowing is completed, and you will only have to shovel your driveway once.

- Don't park overnight on any Village street.
- Don't push snow from a driveway or parking lot onto a Village street or sidewalk.
- Don't park your vehicle at the end of your driveway in a way that would impede Village plows.
- Try to keep the catch basin adjacent to your property free from ice and snow to help prevent localized flooding.
- Don't place garbage or garbage containers where they can be buried, damaged or interfere with snow removal.
- Avoid unnecessary spinning of tires at intersections. This practice is dangerous and hazardous to other motorists. It also tends to "ice up" the intersections.
- Avoid installing mailboxes where they can be damaged by plowing operations. The post office can provide guidelines concerning the proper distances mailboxes should be placed from road surfaces.
- We attempt to minimize the impact of snow and ice. However, it is each motorist's responsibility to drive according to the road conditions.

### Parked Cars and Snow Clearing Operations

Please remove parked vehicles from the street during snow plowing or clearing operations. Parked cars not only slow the operation, but also leave large amounts of snow on the road after the car is dug out, which is inconvenient and dangerous for everyone.

Your valued assistance during the winter season will help provide efficient and economical winter maintenance service.



*Emiliana Grace Bartl*

October 3, 2018

6 LBS 2 OZ

12:53 AM

19 INCHES

*LOVE Timothy and Mery Bartl*

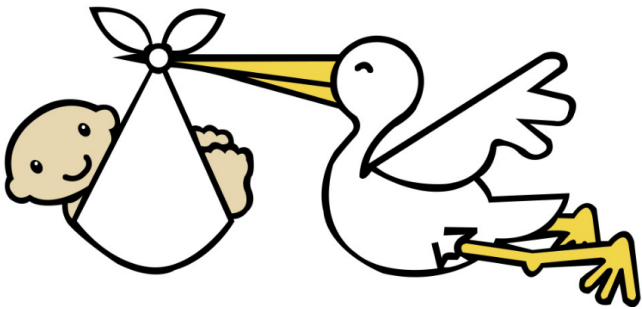
## Crestwood's Newest Arrivals

Please send the following information on your families' newest addition so we can welcome them to Crestwood:

- Parents' Names
- Baby's full name
- Baby's birth date and time
- Baby's gender
- Baby's weight and length (optional)
- Picture (optional)

All details can be forwarded to Michelle Beneventi at [mbeneventi@crestwood.illinois.gov](mailto:mbeneventi@crestwood.illinois.gov).

Be sure to save your babies' Crestwood editorial debuts for their baby books!







# Crestwood Library Director Bleskin Acknowledged for Service

On her last day as library director after 32 years of service, Sue Bleskin was greeted by Mayor Presta, Village Clerk Johnson and many other patrons who stopped by to wish her well on the next “chapter” of her life. Later that evening, staff library trustees and family joined with Sue to wish her well.



**MYCHAL J. TOSCAS**  
BROKER



15812 S. Wolf Road  
Orland Park, IL 60462

708.431.3111  
Fax 708.361.9618

*Life-long Crestwood Resident*

E-Mail [mtoscas@c21affiliated.com](mailto:mtoscas@c21affiliated.com)



## Crestwood Public Library January Adult Programs

### Colleen Moore Fairy Castle Experience (Rescheduled)

One of the most popular film actresses of her time, Colleen Moore assembled a legion of her industry colleagues to help craft this miniature home of fantastic proportions. She shared it during the Great Depression, touring the country to raise funds for children's charities. Then this one-of-a-kind castle was welcomed into its new home at the Museum of Science and Industry, where it has enchanted children of all ages since 1949. Margaret Schlesinger of the Museum of Science and Industry gives the history and inside story of the iconic castle. Please register.

**Monday, January 21st, 2019 at 6:00 PM**

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### Book Discussion Group

Be sure to pick up a copy of our latest Book Club read at the front desk! Any patron 18 and older is welcome to join our group. Our November meeting will take place on **Wednesday, January 2, 2019 at 6:00 PM.**

.....

### Stampin' Up Card Class

Join us for another session of card making with Stampin' Up's Dee Tollaksen! **There is a non-refundable \$5 cost per person at the time of registration.**  
**Monday, January 14, 2019 at 6:00 PM**

.....

### Needles & Yarn Knitting Club

Interested in learning how to knit, or just want to make new friends? Join us for another session of Needles & Yarn! Don't have needles? You can purchase a pair at the library. Please register. **Monday, January 28, 2019 at 6:30 PM**

## January Events at Crestwood Public Library

### Youth Programming

#### Read to Succeed with The Chicago Wolves- Winter Reading Program

This winter Crestwood Library will Read to Succeed with the Chicago Wolves Hockey Team. Complete the reading chart and receive your chance to win Wolves Hockey Tickets, Movie Passes and other fabulous prizes.

Winter Reading Dates- January 11--February 12, 2016    Register at Front Desk beg. Jan. 4, 2016

#### Story Time

Registration for our new session of story time begins Jan 4, 2016 Story time for ages 3-5 will meet Thursday from 12:00-12:45pm  
Beginning Jan. 14, 2016

#### Tiny Tots

Babies ages 12-24 months with adult, will meet Fridays at 10:30am beginning Jan. 15. Babies will hear a story, flannel board activity and make a simple craft

#### Tween Time

Tweens grades 3-8 join us this month as we celebrate soup month, with soup in a cup recipes. Tuesday, Jan. 12 : 5:00

#### Preschool Fun

Toddlers ages 2-3 with caregiver, will be exposed to books, rhymes, finger plays, and crafts based on a theme.  
Fridays at 11:30 beginning Jan. 15  
Limit of 8 per class

#### S.T.E.M. - Science Club

Children grades 1-4, will learn all about snow and ice this month.  
Space limited to 15 people per class.  
Thursday., Jan. 28 at 4:00pm

#### January Book Buddies

Children 3-6 will enjoy time with a Shepard High School student hearing stories and making a small craft. Cost is Free.  
Wed. Jan. 20 from 6-7pm.

#### After School Club

Kids grades K-2 join us once a month for activities, stories, and crafts with your friends.  
January theme: snowmen  
Jan. session: Thurs., Jan 21, 4:00-5:00pm

#### Messy Mondays

Children can experience all those messy things you would not like them to play with at home. Ages 18-36 months with adult  
Mondays at 11:00am or 12:00pm

#### Little Rembrandts

Kids grade K-4 will meet once a month to make an art project using different types of art.  
January art will be puzzle art  
Thursday January 14 at 4:00pm

#### Lego Club

A New Session of Lego Club will begin Monday, Jan. 11 for children grades K-5. We will meet Mondays from 3:30-4:30. All Legos provided

#### Popcorn Pajama Time

Children ages 4-10 come to the library in their P.J.'s to hear stories to celebrate National Popcorn Day.  
Popcorn will be served  
Tuesday, Jan. 19, 2016 6:00-7:00pm

#### Fancy Nancy Tea Party

Children ages 4-10 are invited to a special Fancy Nancy Tea Party. All supplies provided.  
Saturday, January 16 1:00-2:30pm

#### Chess Club

Have you wanted to learn to play chess, need some practice, or just want to play the game? A new session of Chess Club for Grades 1-10. begins Saturday, January 23 at 1:00pm.  
Registration Required

Registration Required for all programs. Call 708-371-4090 for more info.



# Attention Veterans

If you were honorably discharged from the U.S. military and believe you suffer from an injury or illness that you contracted because of your service, you are invited to attend a meeting of the Disabled American Veterans (DAV), Chapter 84 in Oak Lawn to get help in filling a claim for your injury or illness.

There is no charge or fees for this service.

The DAV is a national service organization comprised of veterans dedicated to helping other veterans receive the medical attention and compensation they deserve.

DAV Chapter 84 meets on the First Friday of each month at 6:30 p.m. at the Johnson Phelps VFW Post #5220 located at 9574 South 52nd Avenue in Oak Lawn, Illinois. National and Chapter Service Officers will be available to assist you in filing a claim for compensation and medical assistance. Bring a copy of your DD-214 to the meeting with you.



Again, this service and all subsequent services provided by the DAV are free of charge. To learn more about the DAV and its mission to serve disabled veterans visit their website at: [www.DAV.org](http://www.DAV.org).

# Moraine Valley Joins Forces to Increase Equity and Graduation Rates

Moraine Valley Community College has been named one of 24 two- and four-year public and private nonprofit colleges from across Illinois committed to increasing graduation rates for low-income, first-generation students, and students of color.

The colleges and universities are inaugural participants of the Partnership for College Completion’s newly launched Illinois Equity in Attainment Initiative (ILEA), which pursues a range of institutional program and policy change efforts driven by data and analysis to remove unnecessary hurdles to graduation.

“We are proud to be one of the first colleges participating in this very important initiative to eliminate achievement gaps and thereby increase graduation rates among all of our students. There is strength in numbers, and working side-by-side with the other colleges and universities committed to this endeavor means a stronger coalition in the

efforts,” said Dr. Sylvia M. Jenkins, Moraine Valley president.

Joining Dr. Jenkins on the college’s team, are core team members Dr. Pamela Haney, vice president, Academic Affairs; Dr. Normah Salleh-Barone, vice president, Student Development; and Dr. Scott Friedman, dean of Student Engagement. Serving on the team also are Neil Barker, assistant professor and coordinator of Integrated Systems Technology, and Tianna Richards, coordinator of Multicultural Student Affairs.

The nonprofit partnership is the only organization in Illinois working with colleges and universities to promote practices, programs and systems-change to ensure that low-income, first-generation students graduate from college. The partnership will use its resources and convening power to support the ILEA schools through advocacy in the Illinois legislature and the sharing of data and best practices from among the colleges around the country that are demonstrating how to eliminate longstanding institutional inequities in degree completion by race and income.

The launch of ILEA comes amidst research identifying large and persistent gaps in college

degree completion that fall along socioeconomic and racial lines, said partnership officials. At the same time, there is a continuing decline in enrollment at many of the state’s largest public universities and community colleges. A common theme is higher education affordability, and the state’s primary tuition support grant — the Monetary Award Program (MAP) — has not been fully funded since 2002.

Moraine Valley’s commitment to student completion addresses income gaps with help from its Foundation through scholarships and an emergency fund that provides immediate assistance with other expenses so students do not need to drop out of school. The college also offers financial aid; works with the Illinois Student Assistance Commission to provide students grants; offers student employment opportunities on campus and at nonprofit off-campus locations; and participates in the Chicagoland Regional College Program, which offers assistance with tuition, fees, textbooks and transportation for students who work part-time at United Parcel Service.



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THESTUDIOCRESTWOOD@GMAIL.COM

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5000 SQUARE FEET  
PRIVATE EVENTS  
STATE OF THE ART LIGHTING  
CUSTOM AUDIO&VISUAL  
IN HOUSE CATERING&DECOR



# “In Focus” Seen Around Crestwood

Let’s see Crestwood from your point of view! We are asking residents to submit their pictures of Crestwood and local happenings to feature in our monthly editorial “In Focus.” We will select our favorites to share every month in the *Crestwood Adviser*.

Please forward your pictures to Michelle Beneventi at [mbeneventi@crestwood.illinois.gov](mailto:mbeneventi@crestwood.illinois.gov)



Even if your only camera is on your phone, we want to see how YOU see Crestwood! Submit your photos today!



# GET UP AND GET OUT!!!



### Open Skate

**Sundays, 7:10-8:40pm; Tuesdays, 7:00-8:30pm;  
Fridays, 9:00-10:30pm; Saturdays, 8:00-9:30pm**  
**Southwest Ice Arena**

**5505 127th St., Crestwood**

Come out to Southwest Ice Arena, where skaters of all abilities can practice their spins, twirls, and shuffles throughout the week. Featuring a Studio Rink available Tuesday and Saturday nights, and a full-sized NHL rink available on Friday and Sunday nights, this is a great night out for kids and kids at heart. Admission: \$6. Skate rental: \$3. Discounted punch cards are also available. Call (708) 371-1344 for more information.

### Winter Adventure Camp

**Wed., Jan. 2nd-Fri., Jan. 4th, 9:00am-12:00pm**

**Little Schoolhouse Nature Center**

**9800 Willow Springs Rd., Willow Springs**

Have fun outside this winter by exploring trails, learning how local wildlife survives freezing temperatures, and testing out winter experiments. For children ages 8-10. Registration is required. For more information or to register, call (708) 839-6897. Cost: \$15.

### Robert F. DeCaprio Retrospective

**Thursday, Jan. 10th-Friday, Feb. 1st (Reception Friday,  
Jan. 18th, 6:30-8:00pm)**

**Moraine Valley Community College, Robert F. DeCaprio  
Art Gallery**

In celebration of the 25th anniversary of the Fine and Performing Arts Center at Moraine Valley, this retrospective exhibition features a solo accolade to DeCaprio's passion for art, ranging from classic automobiles and European travel to architecture and graphic design. The public is welcome to attend a reception Friday, Jan. 18. For more information, visit morainevalley.edu/fpac or call the box office at (708) 974-5500.

### Snow Birds

**Sunday, Jan. 13th, 10:00am**

**Little Schoolhouse Nature Center**

**9800 Willow Springs Rd., Willow Springs**

What birds visit your feeding station during winter? Join a naturalist to learn how to identify and attract these snow birds to your feeders. All ages welcome, but registration is required. Limit 20. For more information or to register, call (708) 839-6897. Cost: FREE.

### Dr. John Nolan NFL Bash

**Sunday, Jan. 20th, Time TBA (Games start at 2:05pm)**

**Chicago South Elks Club #1596**

### 4428 Midlothian Turnpike, Crestwood

Sponsored by the POW-R Sertoma Club to benefit the Sertoma Centre, this highly touted event takes place on NFC-AFC playoff Sunday. Dinner tickets are \$45 and include two drinks, barbecue buffet dinner, Plush Horse ice cream, other desserts, snacks and late game pizza. Pick your squares for the AFC, NFC 1st game — \$100 each. The event features abundant payouts and side board action. And all proceeds benefit the Sertoma Centre. So come on out for football, fun and a chance to win big.

### The Second City Hits Home

**Saturday, Jan. 26th, 7:30pm**

**Moraine Valley Community College, Dorothy Menker  
Theater**

**9000 Old 88th Ave., Palos Hills**

To celebrate the 25th anniversary of Moraine Valley's arts center, Chicago's legendary sketch and improv comedy theater troupe returns with a new show all about Palos Hills and Moraine Valley Community College. Mining material from the Daily Southtown and the Glacier student newspaper, The Second City finds laughs in local history, current events and more. Tickets are \$30 for the general public; \$25 for seniors and Moraine Valley staff; and \$10 for students (with ID). FOR MATURE AUDIENCES.

## ‘Crestwood Adviser’ Great Way to Reach Local Customers

The Village of Crestwood wants local business owners to know that the Crestwood Adviser, in addition to being a great way to stay in touch with what's happening in your community, is also one of the most cost-effective ways to reach your local customer base. By advertising in the *Crestwood Adviser*, your ad reaches the entire Crestwood population, and at a fraction of the cost of what a direct mail piece would cost in postage alone. Better still, the *Crestwood Adviser* is read and left for others to read, which is more than we can say for most direct mail advertisements, the overwhelming majority of which end up going straight in the trash or recycling bin.

To inquire about advertising rates in the *Crestwood Adviser*, please call (708) 293-1430 or email [info@crestwoodadviser.com](mailto:info@crestwoodadviser.com).

### OBITUARY NEWS

**Dedo, Rosanne** (nee Sobanski), of Crestwood, passed away on Saturday, Dec. 15th, at the age of 56 years. Beloved wife of Kenneth Sr. Cherished mother of Kenny. Dear sister of Greg (Tonya) Sobanski, Wayne Sobanski, Alan Sobanski, Len Sobanski and Charlotte (Willie) Hill. Visitation was held Friday, Dec. 21st, with a prayer service at the Becvar & Son Funeral Home, 5539 W. 127th Street, Crestwood. Father Pawel Komperda of Incarnation Catholic Church in Crestwood officiated. Interment private. (708) 824-9000 or [www.becvarfuneralhome.com](http://www.becvarfuneralhome.com)

**Guerra, Katherine C.** (nee Morelos), of Crestwood, passed away on Sunday, Dec. 23rd, at the age of 95 years. Beloved wife of the late Alfredo "Fred" Guerra (1998). Loving mother of Josephine (Raul) Alvarez, Fred Guerra, Mike Guerra, Gilda (Craig) Nelson, and the late Frank Guerra (1990), April (2018) (John) Lydon. Cherished grandmother of 13, and great-grandmother of 26. Dear sister of Antonia Hayes and Hazel Armas. Preceded in death were three sisters and one brother. Visitation and service took place Saturday, Dec. 29th, at the Becvar & Son Funeral Home, 5539 W. 127th Street, Crestwood. Interment Beverly Cemetery (12000 S. Kedzie Avenue, Blue Island). (708) 824-9000 or [www.becvarfuneralhome.com](http://www.becvarfuneralhome.com)

## Take A Step Back In Time HISTORICAL PORTRAYALS

**Presented by: Leslie Goddard**  
<http://www.lesliegoddard.info/>

**The Pointe at Kilpatrick  
Presents  
Historical Portrayals**

**Wednesday, January 9, 2019  
Grace Kelly**



**Tuesday, February 12, 2019  
Amelia Earhart**



**Monday, March 11, 2019  
Eleanor Roosevelt**



**At 2:00 PM - Refreshments will be Served  
RSVP to Samantha at (708) 293-0010**



**The Pointe at Kilpatrick  
14230 S. Kilpatrick Avenue • Crestwood, IL 60418**





# Fun & Entertainment

\*Sudoku and Crossword Answers appear in next issue

## FREE CLASSIFIED ADVERTISING FOR CRESTWOOD RESIDENTS!

### CRESTWOOD RESIDENTS

are invited to place free advertisements in the Crestwood Adviser. Free classified ads are offered to Village of Crestwood residents only and are limited to 20 words or less and can include information related to the following items:

Garage Sales  
Lost and Found  
Large Appliances  
Automobiles  
Motorcycles  
Boats and Trailers

### NON-RESIDENTS AND AREA BUSINESSES

can place classified advertisements for goods and services for just \$5.00 for twenty words under the following categories:

Garage Sales  
Appliance and Electronics Sales  
Transportation (Cars, Boats, Motorcycles)  
Homes for Sale or Rent  
Apartments for Sale or Rent  
Employment Openings  
Jobs Wanted

To place your classified ad call 708-293-1430

## JANUARY CLASSIFIED

### FOR SALE

Seeburg Stereo Showcase jukebox, late '60s/early '70s model, fully loaded with '50s & '60s popular music 45 rpm records. Asking \$400 OBO. (708) 403-3674.

### HOUSE FOR SALE

Raised ranch-style, 5 BR (master BR - 28' x 21'), 3 bath, walk-in closets. Dining RM, Kitchen, lg. Laundry room. 2 1/2-car garage. Large driveway; corner lot. Jacuzzi in back. Large shed. Orland Hills (low taxes!), close to transportation, shopping. Asking \$254,900. (708) 403-3674.

### EXPERIENCED CAREGIVER AVAILABLE

Ten-year Crestwood resident. 15 years experience with elderly, patients with dementia/parkinson's. Cooking, cleaning, shopping, personal assistance, etc. Excellent references available upon request. Call Virginia at (708) 691-3624.

### FOR SALE

Large thermal rubber swimsuit. Brand new/in-box pasta maker and recipe book, and Singer electric sewing machine. Serious inquires only, please call Marie for prices at (708) 388-3253.

### FOR SALE

Concrete Disney lawn figures - Snow White & 7 Dwarfs, Donald Duck, Mickey & Minnie; large computer desk; Astro third seat - new; assorted wicker baskets; oak built-in ironing board; 7 concrete sonna tubes; crutches & walker; 1-pc. oval marble sink vanity top; two pairs snowmobile boots; insulated snowmobile suit. Call for details. Contact Rich at (708) 371-2755.

### FOR SALE

42"; Mitre & saw guide; Hilti gun nails; Knaack pickup tool box; lauan " quarter round - wood; laminated wall & base cabinets; hand saws; small tile cutter; 3 1"x12" 16' cedar boards; plumbing PVC pipe. Call for details. Contact Rich at (708) 371-2755.

## SUDOKU

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1 - 9, without repeating any.

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   |   | 2 | 5 |   |   | 7 | 8 |
|   |   |   |   | 3 | 7 | 9 |   | 1 |
|   | 8 |   | 1 |   |   | 2 |   |   |
| 1 |   | 8 | 5 |   | 3 |   |   |   |
|   |   |   |   |   |   |   |   |   |
|   |   |   | 9 |   | 4 | 1 |   | 5 |
|   |   | 7 |   |   | 1 |   | 4 |   |
| 4 |   | 9 | 7 | 2 |   |   |   |   |
| 8 | 3 |   |   | 9 | 5 |   |   |   |

## December Sudoku Solution

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 1 | 4 | 8 | 6 | 2 | 3 | 9 | 7 | 5 |
| 3 | 5 | 2 | 7 | 1 | 9 | 6 | 4 | 8 |
| 9 | 7 | 6 | 8 | 5 | 4 | 1 | 3 | 2 |
| 6 | 1 | 3 | 9 | 8 | 5 | 4 | 2 | 7 |
| 5 | 2 | 7 | 4 | 3 | 6 | 8 | 1 | 9 |
| 4 | 8 | 9 | 1 | 7 | 2 | 3 | 5 | 6 |
| 2 | 6 | 4 | 5 | 9 | 1 | 7 | 8 | 3 |
| 7 | 9 | 5 | 3 | 4 | 8 | 2 | 6 | 1 |
| 8 | 3 | 1 | 2 | 6 | 7 | 5 | 9 | 4 |

## December Crossword Solution

|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| F | I | E | F | S | A | L | S | A | E | R | M | A |
| A | D | A | R | P | R | I | C | K | R | E | A | M |
| S | E | R | E | A | S | S | O | C | A | F | R | O |
| A | L | S | O | O | P | T | A | S | I | A | N |   |
|   |   | N | W | B | N | T | A | B | L | U | G |   |
| B | O | B | O | L | I |   |   | G | U | I | L | D |
| I | R | E |   | B | O | Y | C | O | T | T |   |   |
| C | E | D | E |   | N | E | W |   | S | C | U | D |
|   |   | M | A | K | E | S | A | D |   | I | R | K |
|   | S | A | U | D | I |   |   | K | D | L | A | N |
| C | U | D |   | E | T | A |   | F | L | E | A |   |
| I | N | J | U | N |   | S | R | I |   | L | I | E |
| S | T | U | N |   | A | P | I | S | H |   | C | A |
| C | A | S | T |   | L | E | N | T | O |   | A | S |
| O | N | T | O |   | A | N | G | S | T |   | L | E |

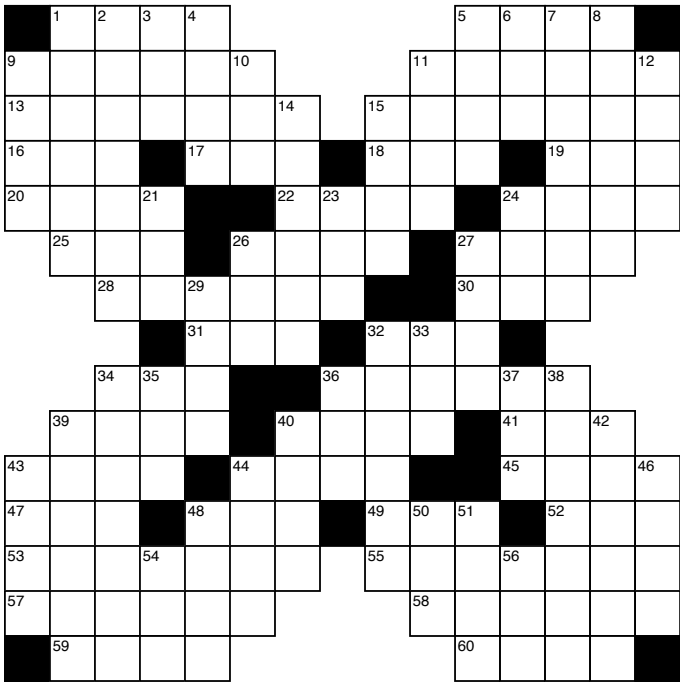
### ACROSS

- Ventilates
- Institution (abbr.)
- Inborn
- Infant's knitted sock
- Upset
- Between
- Flightless bird
- North northeast
- United States of America
- McDonald's "Big \_"
- American Association of Retired Persons (abbr.)
- Rapid
- "no \_ luck"
- Downwind
- Drenches
- Knife
- Round shape
- Kimono sash
- Sorbet
- Central Standard Time
- Picnic pest
- Famous desert
- Life histories
- Deviat
- Before (prefix)

- Oven
- High \_
- Groan
- Computer makers
- Offence
- Grows acorns
- Shoshonean
- Picked
- Gives enjoyment
- Cheap wood coverer
- Seniors
- Brake
- Corsage

### DOWN

- Beast
- Protects
- Gnawer
- Surprise
- Small particle
- This time
- Response getters
- Gas company



- Notion
- Sea eagle
- Greatest
- Engrave
- Previous
- Kiss
- High-school club
- Baboon
- Cry
- Part of a min.
- Wine bottle
- Slugs
- Server
- Modest
- Sickness
- Not (refix)
- Pocket
- Revolutions per minute
- Evokes
- Sacred texts

- Peddle
- Diner
- Capital of the Ukraine
- Grade
- Loch \_ monster
- Stair
- Lager
- Seaweed
- Executive
- Hoopla

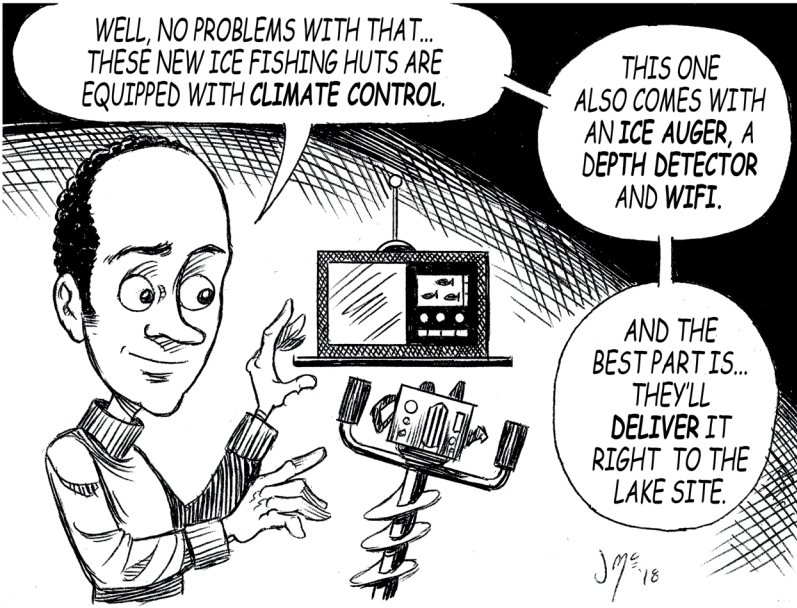
# Happy NEW YEAR!

Crestwood's very own ongoing strip...

## 94 South by Jim McGreal



©2019 Fanning Communications



Created by Jim McGreal



# Nothing But Smiles at Cyclone Women's Basketball, Special Olympics Practice

A basketball slowly soared into the hoop, and the assembled athletes hollered and clapped before chanting the next player's name. This was practice with the Moraine Valley Community College women's basketball team and visiting Special Olympics hoopsters.

It was hard not to smile at the pure joy and excitement emanating from the basketball court. The two groups of athletes converged for the first time in Moraine Valley's gym in Building G on Nov. 30 for a few drills, layups and fun. Cyclone assistant Coach Kathleen Zulevic, a case manager for a local residential facility for developmentally disabled adults, figured bringing her two groups together would be a good mash-up.

"I thought it would be great to bring both groups together to play some basketball because our residents play Special Olympics basketball, and our players were more than thrilled to meet them and run some drills and play ball with them," she said. "I have a passion for working with adults with developmental disabilities and a passion for coaching, so it made sense to bring them together."

It was all my favorite people in the whole world in one place."

Cyclone athletes passed the ball to residents, encouraged them when they ran in for a layup or methodically threw the ball up from the free throw line. Some visiting players even got fancy with passes behind their backs or spinning the ball, and everyone had a chance to shoot the ball. "I'm working the paint," exclaimed one smiling resident as he drove toward the basket. One wheelchair-bound athlete passed the ball to Hennessey Handy (Plainfield Central), who banked it in on his behalf.

"I've done this before at my high school, and it's something I like to do because we're giving them opportunities and showing them a good time," Handy said. "It's always fun to see them smile and how they cheered for us when we did layups. It brought us more together as a team. Everyone should do this because it creates team bonding, and you learn about the Special Olympics team. I just loved it. It was a good time."

"This was a great experience," said Destiny Thames (Chicago High School of Agricultural Sciences).

"I've never had a chance to interact with people with disabilities, especially adults, and it was pretty fun. It exposed us to different kinds of teams and showed us what they do in practice and how they get their skills going like us. They came to play, and we mixed well. They have a lot of good skills like we do, and they incorporated them and showed them on the court. Everybody should have this experience, and I'm very grateful to have had it. I'd love for them to come back."

At the end of the visit, the Cyclones demonstrated their best layup tricks for the guests to vote on before a final group picture.

"My residents were super excited to come to a college to play. I think this is good for our team because it opens them up to a new world, a new population of people they're not normally interacting with," Zulevic said. "Our girls took them in, showed them drills and realized they're just people who are slightly different, and it's okay. Hopefully we'll do this more in the future."

The Moraine Valley Community College women's basketball team had a practice with a visiting Special Olympics team.



## Congratulations to Astros Cheerleading Squad for 2nd Place Victory



Head coach Nicole Staehlin, a Shepard grad, and her team took second place in the Co-Ed Division at the Sandburg Invitational.

### 2019 Spring Season Registration

**Who:** Girls ages 6-18

**When:** Indoor practices begin in January. Season runs from April through June

**Where:** Home games at Walker Park, road games in neighboring towns (see website for details)

**How:** Register online beginning December 1 @

[www.crestwoodfastpitch.com](http://www.crestwoodfastpitch.com)

**Why:** FUN! FRIENDS! IMPROVE ON AND OFF THE FIELD! LEARN GOOD SPORTSMANSHIP, HOW TO COMPETE, AND HOW TO BE YOUR ABSOLUTE BEST!

For more info

Email: [Crestwoodfastpitch2016@gmail.com](mailto:Crestwoodfastpitch2016@gmail.com)

Facebook: Crestwood Fastpitch Association

Website: [Crestwoodfastpitch.com](http://Crestwoodfastpitch.com)

**Crestwood**  
Fast Pitch Softball



# SPORTS

## Astros Place First at Stagg Wrestling Invitational



The Shepard Astros took 1st Place at the Stagg Wrestling Invitational on Saturday, Dec. 1st. The Astros are the first Southland team to win this honor since 1997.

## Crestwood’s Rizzo Racking Up Achievements on the Court at MSU

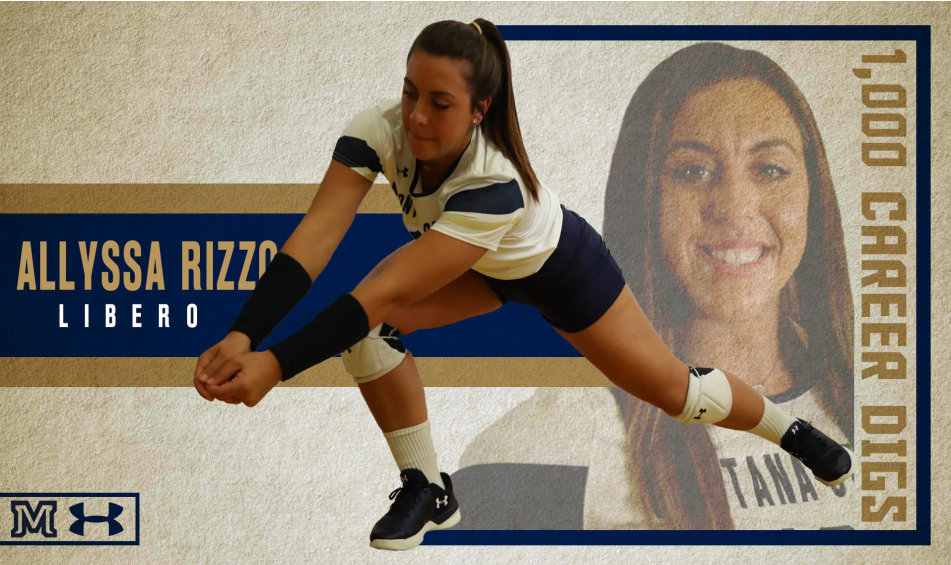
Crestwood resident and Incarnation and Marist graduate Allyssa Rizzo has been racking up the distinctions as a libero on Montana State University’s volleyball team. Rizzo, a junior at MSU, recently became the ninth member of the Bobcats’ 1,000-Dig Club after a match that saw her record a match-high 23 digs. Over the course of this season, she has recorded five matches with 30 or more digs, and 17 with 20 or more saves. Last fall, she twice posted a career-high 34 digs, against Portland State and Southern Utah.

Rizzo currently ranks 4th in MSU history with a career total of 1,450 digs, which puts her just 270 short of the all-time school record — a record she has in her sights. She has been voted Second-Team All-Big Sky Conference by the Big Sky Conference’s 11 league head coaches.

“Allyssa has had an outstanding year and this recognition is well deserved and has been a long time coming,” said MSU head coach Daniel Jones. “The work she has put into her craft has truly paid off. I know Allyssa recognizes the

work of her teammates to put her in situations where she has been able to find success. We’re looking forward to her senior season and watching her continue to raise the bar of what it means to be a top, if not the top, libero in the Big Sky Conference.”

### Congratulations to Allyssa on her sterling achievements!



## Lozano Signs With St. Francis

Last month, Shepard High School senior Carolina Lozano signed a National Letter of Intent to run track and cross country from the University of St. Francis.

Lozano received both academic and athletic scholarship money from USF.

Lozano ran cross country for three seasons at Shepard, playing an integral role in the Astros winning the South Suburban Conference Red Division championship in 2016.

Shepard High School senior Carolina Lozano signs her National Letter of Intent with the University of St. Francis.

This past season, her fellow Astros chose Lozano for the Sportsmanship Award “for being an excellent teammate and leader,” said assistant coach Scot Rybarczyk.

Lozano also has been a big part of the track team’s run of success. “She brings hard work, commitment and leadership to our track program,” said Rybarczyk, who is also the head coach of the girls track program.

The University of St. Francis cross country team finished second at the National Association for Intercollegiate Athletics (NAIA) national finals.